



ST. PAUL'S Community Connection

Striving to be the Most Outstanding and Innovative Senior Homes & Services Provider in California



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CEO Perspective – Cheryl Wilson

This past year, the federal government awarded grants to specific states, including California, to find ways to decrease costs with "dual eligible" individuals in the public system.

"Dual Eligibles" are individuals who are eligible to receive both Medicare (Parts A, B, & D) and Medi-Cal benefits. There are 75,000 dual eligible individuals in San Diego County and 1.2 million in the state of California. Seventy-one percent are over the age of 65 and have multiple chronic conditions. Less than 15% are currently in organized health programs. California decided to make it mandatory for all dual eligible individuals to be enrolled in a "managed care" program that is approved by the State. San Diego County was chosen as one of eight dual eligible demonstration counties. If the demonstration works well in these chosen counties, then it will expand to all of California.



It will be challenging for frail and elderly individuals to select a health plan. The State is seeking authority to automatically enroll individuals who do not actively sign up or opt-out within the required timeframe. Over 50% of Medi-Cal patients in the initial phase of the transition have been automatically assigned to health plans due to their failure to respond to notices during the enrollment period. Dual eligible patients may lose access to physicians who have cared for them for many years. It is planned that individuals wanting to transfer to another managed care program must wait six months before having an option to transfer.

Managed care programs will be charged with providing in home support services similar to PACE. St. Paul's hopes that future legislation will add PACE as one of the State approved healthcare programs. Please contact your elected officials and let them know about the benefits of the PACE program for our seniors.

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St. Paul's PACE Chula Vista Opens Its Doors

St. Paul's PACE Chula Vista opened in early August after significant fundraising, site acquisition, and remodeling of an old Office Depot building. Our new center, located at 630 L Street, Chula Vista, CA 91911, includes a beautiful new day center, dining area, medical clinic, physical and occupational therapy room, and so much more! With this new location, St. Paul's will triple its service area and offer 60 new job opportunities in the South Bay community.

There are 2,000+ low-income, frail seniors who suffer from chronic illnesses in this area of San Diego County. The expansion of PACE to the South Bay and East County region will enable its medically complex and disabled members to access comprehensive medical care, physical and occupational therapy.

"The philosophy of PACE", said Carol Hubbard, St. Paul's PACE Executive Director, "is to enhance the quality of life and independence of frail, older adults by providing services that help them stay in their homes. We have a particular interest in providing staff sensitive to the culturally diverse needs of the San Diego community. Our goal is to maximize dignity and respect while preserving and supporting the family."

Seniors qualify for PACE if they are 55 years of age or older, live in the San Diego Central, South or East Counties, are determined by the Department of Health Care Services as needing nursing home services, and are able to live in a community setting without jeopardizing their health or safety.

To schedule a tour or to learn more about how can you help the PACE program, please call **Todd Kaprielian** in the Foundation at 619-239-6900.



St. Paul's Staff Help at Stand Down Event for Veterans



From Left to Right:
Stewart Gaddy, Debby Reaza,
and Liam Dunfey

Several St. Paul's staff volunteered at the annual Stand Down event in mid-July to support local homeless Veterans. Over 3,000 volunteers from the community helped 1,000 homeless Veterans with a wide range of necessities including: showers, medical/dental, counseling, shelter, meals, and chaplain services.

In times of war, exhausted combat units that required time to rest and recover were removed from the battlefields to a place of relative security and safety. Today, Stand Down refers to a community-based intervention program designed to help the nation's estimated 200,000 homeless veterans "combat" life on the streets.

Stewart Gaddy, Volunteer Coordinator and Navy Veteran, said "It is my duty to help my fellow Vets that gave so much of themselves to defend our country and are now in need of assistance. I want to give them hope and let them know they are appreciated and haven't been forgotten. It was a privilege to spend part of my day with them representing St. Paul's."



LUV Gala Endless Summer!

Saturday, August 25 turned out to be a totally awesome night for the 2012 St. Paul's LUV Gala, and the Endless Summer of LUV! It was a joy to greet more than 360 of our friends for an evening to celebrate the community leadership of our Honorees **Patti Roscoe** and **Jim Tiffany** and the opening of the new **St. Paul's PACE** program in the South Bay.

As guests entered the reception, they heard the sounds of classic surf tunes and the sweet guitar riffs of **Matt Quilter** and The Wave Machine. LUV Gala Chair **Marilyn MacNair** and St. Paul's CEO **Cheryl Wilson** greeted everyone and welcomed them to a beautiful reception overlooking Mission Bay. Guests were also greeted by a sparkling and pristine Woodie car that caught everyone's eye! The silent auction was a big hit as guests kept close watch on the items they wanted, and friendly bidding wars commenced.

As the sun set, the crowd moved into the ballroom where a tubular wave and surf board set the stage for a celebration of Honorees **Patti Roscoe** and **Jim Tiffany**, including a fun video showing the audience a bit more insight into the lives of Patti and Jim. Longtime LUV President **Joyce Frye** thanked the crowd for participating in such an inspiring event and for their continued support of St. Paul's and the LUV Gala.

Emcee and auctioneer extraordinaire **Mike Hogan** got the live auction off to a thrilling start with his auctioneer chant. Excitement was at a high as guests waived their numbers in the air to bid on such impressive auction items such as a rare Chargers 50th Anniversary football signed by 48 of the greatest Chargers players of all time! Going once...going twice...SOLD!

Throughout the night, guests also pledged donations totaling a whopping \$48,000 which is specifically designated for two much needed vans for the new PACE program in South Bay.

The annual Opportunity Drawing was the finale of the evening, as **Bruce Leidenberger** won a \$500 Cohn Restaurant Gift card.

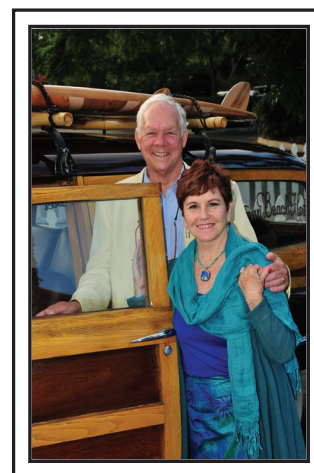
After all was said and done, the Endless Summer of LUV was a fun and entertaining evening for all, but most importantly, we raised funds for the expansion of St. Paul's PACE in the South Bay. Thanks to all of the supporters of the event, including **Sodexo Senior Living**, the 2012 LUV Gala Presenting Sponsor. Because of the strong support from our friends in the community, St. Paul's LUV Gala raised more than \$140,000 this year! What an amazing show of support!



2012 LUV Gala Committee

The team at St. Paul's thanks you immensely for supporting our seniors, and we look forward to seeing you next year!

The LUV Gala Committee is always looking for friendly new volunteers, and will soon begin ramping up for the 2013 LUV Gala. We could use your help! There are plenty of great volunteer opportunities, such as assisting with the planning of the LUV Gala and helping to secure auction items. Let us know if you are interested – we would love for you to join us at a planning meeting so you can see the many ways in which you might be able to help! Please contact **Jaimie Robinson** at (619) 239-6900 for more information. Donations for vans at the new PACE center are still being accepted.



2012 LUV Gala Honorees, Patti Roscoe and Jim Tiffany



LUV Gala Pictures



Pictured from Left to Right:
Todd Kaprielian (Foundation Director),
Marilyn MacNair (LUV Gala Chair),
Joyce Frye (LUV President),
and Cheryl Wilson (CEO)



Secure Transportation Employees Having a Blast!



Guests from Presenting Sponsor,
Sodexo Senior Living



From Left to Right:
Nikki Clay, Debbie Day, Ronne Froman,
Joyce Gattas, and Patti Roscoe

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stpaulseniors.org



St. Paul's Villa Memory Care Celebrates Two-Year Anniversary

St. Paul's Villa has welcomed seniors with advanced stages of dementia into our Memory Care Program for over two years. The program has served over 75 permanent and respite Residents. As of September, we have 55 Residents in the program who are being cared for with dignity, kindness, and respect.

The Memory Care Program has a large open patio to encourage walking and gardening, while providing easy access to fresh air. Several activity rooms, a dining room and nurses' station are dedicated to the Memory Care Program.

Memory boxes are outside of many Residents' doors where pictures of the Resident, their family, and friends illustrate vibrant and active lives before they were afflicted with their memory challenges. This helps remind staff and visitors about where our Residents came from and who they are. Outside the physical floor, the program is active with fitness walks in the neighborhood, outings to Balboa Park and Mission Bay. Most importantly, daily activities keep Villa seniors in the present moment and engaged where they don't have to rely on their memory to live a joyful and vibrant life.



Villa Resident, Vivian Weaver

In the next year, the Memory Care Program will implement the Memories in the Making Art program that was founded in 1986. Alzheimer's disease and other forms of dementia can bring with it a constant reminder of failures and losses. The Memories in the Making Art program is not about failure. Every picture is important and valid. Its value lies in the creative process and experiencing the pure pleasure that comes with creating art from color, lines, and shape. The ensuing sense of accomplishment brings renewed joy and self-respect to those that participate.

Intergenerational Program Celebrates Grandparents Day



Childcare Participant, Annabella, and her Proud Grandparents

Thanks to the continued support of Love Uniting Volunteers (LUV), Villa and Manor Residents and children from the Childcare Program and their grandparents, St. Paul's celebrated National Grandparents Day in style!

On Friday, September 7, over 50 children and seniors enjoyed ice cream and good times in the Intergenerational Park under beautiful blue skies. *UT San Diego* covered the event and had a picture of Childcare Participant, **Jack Mowat**, 2, and his grandmother, **Anne Kellett**, on the front page of the Saturday, September 8 edition!

One set of grandparents travelled as far as New Jersey to participate in this special Friday afternoon treat. Other participants included the **Brown family**, which had three generations sharing ice cream together. "It's great to have events like this that remind all of us the importance of bringing together seniors and children," said **Holly Estrella**, Childcare Director. "I hope St. Paul's can celebrate National Grandparents Day like this again next year."

To learn more about the Intergenerational Program, please call Admissions at 619-239-6900.



St. Paul's Resource Fair Draws Local Media and Over 150 Seniors

St. Paul's hosted its 4th Annual Senior Resource Fair to celebrate National Senior Health and Fitness Day on Wednesday, May 30. Over 150 seniors from St. Paul's and in the greater community visited over 35 vendor tables to learn more about health, wellness, and resources for seniors.

"It's great to see our Residents and seniors in the community gain valuable information from other senior service providers and vendors in the community", says Director of Admissions, **Liam Dunfey**. "The Waterman Ballroom filled-up very quickly after we opened our doors at 9 a.m."



Vendors and Participants Interact

Fox 5 San Diego interviewed several St. Paul's staff and Residents. To see videos from the event, go to stpaulseniors.org/press-room.

Active Volunteers - May 1, 2012 - August 30, 2012

Andrea Alvarez	Daryl Ferguson	Bill Littlejohn	Jason Satterly
Gini Anderson	Jane Flaherty	Annie Love	Teresa Schroeder
Allison Andrews & "Riley" the dog	Karen Floyd	Love Uniting Volunteers	Sonia Simons
Jack Anthony	Pat Ford	Marilyn MacNair	Leslie Stephenson
Helen Astleford	Babs France	Bill McColl	Carolyn Sykes
Roger Bailey	Joyce Frye	John McColl	Marcia Thaxton
Brad Benter	Marcia Gill	Mark McMahan	Linda Thompson
Rebecca Bernard	Laury Graves	Morgan Stanley	Richard Thorn
Melissa Blackburn	Jean Griffith	Judy Moore	Jonathan Tibbitts
Sally Bixler	Toni Harris	Kelly Moore	Monica Torrez
Ford Blakely	Susan Hayes	Bob Morris	Stephen Treadgold
Pat Brown	Larry Hoeksema	Geri Musser	Randy Truax
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Janet Cooper	Charles King	Louise Phipps	Bonnie Weston
Darlene Davies	Shirley Knox	Scott Richardson	James Wright
Janie Davis	Karen Krusen	Lyn Riggs	Juliane Wright
Dolores Dempsey	Nishant Kumar	Hal Sadler	Jake Young
Alonso Emmanuel	Dan Larsen	Liz Saidkhanian	
	Bruce Leidenberger	Wayne Sanders	
	Jack Lentz	San Diego Trust Bank	



SUMMER AT ST. PAUL'S



Princess Aurora Stopped by for a Special Birthday Party in the Childcare Program



San Diego Trust Bank Employees serve Ice Cream at PACE Reasner Center



4th of July fun at the Villa



Childcare Graduation



Staff, Residents, Participants, Children and Community Members Commemorate the 9/11 Anniversary



Mission Statement: St. Paul's Senior Homes & Services provides a continuum of innovative and comprehensive programs in a secure, interfaith environment with great value placed on optimal independence and choice at all stages of life.

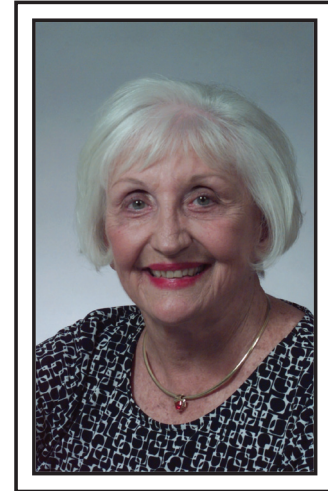
Vision Statement: St. Paul's Senior Homes & Services strives to be the most outstanding and innovative provider in California, dedicated to serving the physical, spiritual, and social needs of the elderly and related community, fostering a culture of diversity and inclusion within the highest quality facilities, health care, and programs consistent with personal and affordable choices.



Love Uniting Volunteers (LUV) Update

There's a lot going on with LUV as we wind down another year of helping the programs and services of St. Paul's. On August 25, we held our annual LUV Gala at the Paradise Point Resort & Spa. Not only did we raise \$140,000 for St. Paul's PACE in Chula Vista, we honored Patti Roscoe and Jim Tiffany for their outstanding service to St. Paul's and the greater San Diego community.

We're now gearing up for the holiday season and the joy that it brings to our seniors. LUV also hosted two Ice Cream Socials over the past few months, most recently at the Intergenerational Park to celebrate National Grandparents Day. There are many ways to connect with St. Paul's and have fun volunteering, especially our next project - holiday gift bags for St. Paul's Residents and Participants!



If you would like to join us for our December Luncheon, become a member of LUV, are interested in donating an item(s) or money for the gift bags, or would like to help with our events, please contact **Joyce Frye** at (619) 298-9011 or e-mail jfrye27@cox.net.

Planned Upgrades for McColl Health Center

In skilled nursing care, culture change is an on-going and positive process that instills a Resident-centered focus. St. Paul's embraces each Resident and continues to have an environment that is conducive to dignity and comfort. In the upcoming year, a grant will cover two additional phases of culture change. The plan includes:

Phase I - Lobby, Nurse Station, Alcoves, Corridor & New Restroom

- New skylight in lobby
- New luminous sky ceiling at Nurse's Station
- New solar tubes in corridor
- New Nurse's Station - cabinets and resized counters
- New alcoves for expanded seating areas
- New lighting at lobby, Nurse's Station & corridor
- New finishes – floor, walls & ceiling, lighting

Phase II - Dining Room Improvements & New Expanded Entry

- New expanded entry with automatic door
- Bistro remodel
- New windows (at each side of bay window)
- New lighting & finishes
- New finishes – floor, walls & ceiling
- Family gathering area

St. Paul's will keep you up-to-date on the exciting changes for future McColl Health Center Residents.





St. Paul's Supporters

Gifts received between May 1 - August 31, 2012

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ST. PAUL'S Community Connection

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Community Connection

is a tri-annual publication of St. Paul's Senior Homes & Services, a nonprofit corporation serving the Manor, Villa, John A. McColl Family Health Center, Community Care Center, Retirement Homes Foundation and St. Paul's PACE.

St. Paul's Organizing Team for Walk to End Alzheimer's

St. Paul's Senior Homes & Services will be participating in the Walk to End Alzheimer's Disease on Saturday, October 27 in Balboa Park. The purpose of the walk is to raise awareness for people in our community with Alzheimer's disease.

As you may know, we serve seniors with Alzheimer's disease in various programs and communities – St. Paul's Villa, the McColl Health Center, St. Paul's PACE, and the Intergenerational Program. Our goal is to have Residents, Participants, staff, and family members join us to walk and show their support for the seniors we serve and the community at large.



If you're interested in learning more about how to join the St. Paul's walk team, please learn more at stpaulseniors.org/special-events or call **Jean Nagle** in the Admissions office at 619-239-6900. We hope to see you on October 27.