

ST. PAUL'S

Community Connection

Striving to be the Most Outstanding and Innovative Senior Homes and Services Provider in California

St. Paul's Residents Enjoy the Season at 2007 Board Tea

St. Paul's Senior Homes & Services kicked off the holiday season on December 1st with its annual Board Tea. Residents from St. Paul's Manor, Villa and McColl Health Center were treated to a taste of the finer things the holiday season has to offer.

After Residents were escorted to their seats in the Waterman Ballroom at the Villa, St. Paul's Operating Board Chair **Jack Carpenter** greeted everyone with a champagne toast. Event Co-host **Mike Holmes** then took his turn and welcomed the Residents on behalf of himself and co-host wife **Jill**. Following the shrimp cocktail, St. Paul's culinary experts, led by **Debby Reaza**, began the procession of decadent hors d'oeuvres, sandwiches and desserts that were happily served by members of St. Paul's Management Team and Board.

As the holiday music rang from the piano, Residents enjoyed the abundant food and drink and shared stories and laughs from past Board Teas and other holiday parties they hosted or attended. "It's just lovely to get together with everyone from all of St. Paul's and share in such a beautiful evening," said Villa Resident **Billy Riley-Watkins**. "The decorations of the room and gorgeous dresses and suits being worn really capture the elegance of the holidays."



St. Paul's Operating Board Chair Jack Carpenter shares a laugh with some Residents during cocktails and hors d'oeuvres at the 2007 Board Tea.



St. Paul's Residents discussing the evening's festivities.



Villa Resident Billy Riley-Watkins and St. Paul's PACE Executive Director Alan Allgood pause for a quick photo.



Board Member Susan Hayes and Bill Walker serve hors d'oeuvres to Residents during the Board Tea.

Seventh Annual Legislative Breakfast Stresses the Importance of Nonprofits

St. Paul's Seventh Annual Legislative Breakfast was held in the Waterman Ballroom at St. Paul's Villa. Attended by local and state politicians and their staff, this year's breakfast focused on how nonprofit organizations benefit their local communities.

After CEO **Cheryl Wilson** welcomed the guests and Chaplain **Leigh Jacobsen** gave an

invocation, California State Assemblymember **Lori Saldaña** was honored for her legislative initiatives and commitment to the underserved seniors of San Diego and California.

California State Senator **Christine Kehoe** also thanked Assemblymember Saldaña for her continued work on behalf of seniors and expressed her concern for affordable senior housing.

Jack Christy, Director of Public Policy for Aging Services of California then delivered a presentation on the importance of nonprofit organizations in the local community. He stressed how crucial nonprofits are not only to the people who utilize their services, but to the economy as well. The event provided a forum for community nonprofits to meet and greet their elected officials.



California State Senator Christine Kehoe addresses the audience.



Assemblywoman Lori Saldaña accepts her award from CEO Cheryl Wilson as Jack Christy of Aging Services of California looks on.

St. Paul's - The Activities Never Stop!

St. Paul's is known for having an incredibly active community. The events below are just a sampling of what's been going on the past few months.

Villa Open House & Wine Tasting

Starting in September and continuing the first Tuesday of each month since, St. Paul's Villa has held an Open House and Wine Tasting. Attendance has grown each month and the largest crowd yet is expected on 2/5/2008 from 5:00 to 7:00pm. Please invite anyone interested to attend.

Fall Family Festival



From the Halloween Costume Parade (above) to pony rides (below), petting zoo and barbeque, St. Paul's Child Care Program celebrated Halloween and Fall in grand style.



Sounds of the Season



McColl Health Center Residents enjoying the sounds of the holidays as the lively band plays old favorites, all-time classics and the holiday songs everyone loves.

The Manor is Always Doing Something

There are so many events at the Manor it is difficult to keep up. In the past few months Residents have enjoyed a **Farmer's Market** featuring fresh produce, baked goods and even home-made tabouli. They were also an inquisitive group when San Diego Police Officer **John Graham** gave a **safety presentation** on how seniors can be more alert and safe when going about their daily routines. The **Manor Volunteer Appreciation Ceremony** is an annual favorite, as Residents gather to honor the many active volunteers who run everything from the monthly newsletter to the library. Also, the holidays wouldn't be the same without the many parties and **Holiday Bazaar** (pictured below). It is quite the community!



Spreading Holiday Cheer

While there is never a shortage of activities going on throughout St. Paul's, there seems to be a special event going on almost daily during the holidays. From Hanukkah, Christmas and New Year's Eve celebrations at each community, to the Child Care Holiday Program and Employee Recognition, the spirit of the season is always present.



Employees are recognized by the Residents and St. Paul's administration for their service and attention.

St. Paul's Responds During Fires

When the 2007 wildfires began raging out of control in October, St. Paul's immediately went to work determining what resources it could provide to those in need. After the smoke cleared (literally), St. Paul's had taken in 34 displaced seniors that would have otherwise spent that time on the floor of an evacuation shelter. "It's amazing to see how dedicated and caring the St. Paul's staff was," said **Lucy Price**, whose step-mother was taken from the evacuation shelter at San Diego High School to the McColl Family Health Center. "They were obviously prepared for an emergency."

St. Paul's Senior Homes & Services

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CEO Perspective – Cheryl Wilson



What is the value of a nonprofit agency in a community? A good question, which was addressed at the St. Paul's Seventh Annual Legislative Breakfast (see Page 1).

St. Paul's value is in the service we provide, in the way it is provided and in the breadth of community outreach and concern which has been established.

This could not be without generous community support, caring and professional staff and the trust and faith of families and seniors. This trust and faith is a daily aspiration of St. Paul's. Good stewardship of the community's resources is also a daily goal with honesty, integrity and transparency being foremost on our minds.

As we close out the holiday season, I count my blessings for the privilege of working for a wonderful service agency, with wonderful, caring and compassionate staff and supportive, faithful community leaders on our Boards of Directors to guide our continuing commitment to those we serve.

Foundation Holiday Appeal

"I want to acknowledge the staff of St. Paul's for absolutely superb service to my mother during the months of her residency at the Health Center...At St. Paul's she showed a renewed alertness and interest in life which she had not demonstrated in years."
---Ron

St. Paul's John A. McColl Family Health Center is one of the finest skilled nursing communities in San Diego. When we received Ron's card, it reminded us that our staff not only provides exceptional care to our residents, but also offers peace of mind to their loved ones.

We hope to replace 50 of the 59 beds in the McColl Health Center. We estimate the total cost to replace these beds at \$2,500 each. This year's Holiday Appeal asks for your support to help us with the cost.

Most of the Residents at McColl are frail and many of them arrive after having just undergone a surgery or suffering from a recent debilitating injury. More often than not, they struggle with discomfort and pain. Comfortable, supportive bedding is essential during the healing process. The replacement beds are especially designed to provide comfort and safety, but also foster independence and choice by using electric controls.

Have You Remembered St. Paul's in Your Estate Plan?

The mission of St. Paul's Retirement Homes Foundation is to raise funds to support the programs and communities of St. Paul's Senior Homes & Services. Whether it's remodeling a dining room, replacing outdated furniture or securing funding for a new program, the Foundation relies on the generous support of its sponsors and donors.

If you are preparing an estate plan for the first time, or reviewing a pre-existing plan, please consider designating St. Paul's as a beneficiary. Contributions can be made to underwrite a specific service within St. Paul's, or help address our greatest need. If you have any questions, please contact Todd Kaprielian at (619) 239-6900.

Our goal at St. Paul's is to provide seniors with exceptional care at affordable rates. In order to sustain the quality of our services and facilities at affordable levels, we rely on generous gifts from the community. So far, our appeal has raised more than \$36,000. But we have more to go. If you haven't already, we hope you will consider a gift at this time. You will be partnering with St. Paul's to improve the lives of seniors at their greatest time of need.

St. Paul's will honor gifts of \$2,500 or more with a plaque featured at the foot of a bed. For gifts made by Visa or Mastercard, you may either contact the Foundation at (619) 239-6900, or you can go online to www.sprhf.org, and click on "Donate Now!" Please mail gifts made by check to our office at SPRHF – Holiday Appeal, 328 Maple Street, San Diego, CA 92103.

SAVE THE DATE!
St. Paul's LUV Gala
Saturday, Sep. 20, 2008
Manchester Grand Hyatt

LUV Update - Joyce Frye

The 2007 holiday season proved to be yet another busy time for **Love Uniting Volunteers (LUV)**, the volunteer and fundraising auxiliary of St. Paul's Senior Homes & Services. On December 18th, our group, along with **Team St. Paul's**, put together gift bags, which were given to St. Paul's Residents on Christmas Eve. The bags were graciously donated by **Marie Tuthill** and stuffed with gifts to make sure everyone received something nice during the holidays.

We also met for our Annual Holiday Lunch on December 13th. It truly was a walk down memory lane as some long-time members, and even some founding members, came to share in each other's company, catch up and reminisce. A big thank you to **Kathryn Bunch** who helped organize the event.

2008 will again be a busy year as we have a lot of exciting events planned. The first will be the annual membership drive and LUV Tea on Valentine's Day. We're already in the planning stage and very much looking forward to a "LUVly" time. For more information, please call Todd Kaprielian at (619) 239-6900 or join our auxiliary.



Joyce Frye is the President of LUV

Polka Band, Sauerkraut... It Must be Oktoberfest!

St. Paul's welcomed the cool nights of fall with a traditional Oktoberfest. Complete, with an oompah-band, plenty of sausage and sauerkraut and of course the chicken dance, the night was a crowd-pleaser to say the least.

St. Paul's also used the event to honor **Audrey Burnier** for her continued support and generosity. "It's always my pleasure to help St. Paul's anyway I can," said Mrs. Burnier. "To be honored at such a fun event is a real pleasure."



No Oktoberfest would be complete (or as much fun) without the infamous chicken dance.

Mission Statement: St. Paul's Senior Homes & Services strives to be the most outstanding and innovative senior homes and services provider in California, dedicated to serving the physical, spiritual, and social needs of the elderly and community, fostering a culture of diversity and inclusion within the highest quality facilities, health care and programs consistent with affordable costs.

Vision Statement: St. Paul's Senior Homes & Services provides affordable, innovative and comprehensive programs in a secure, interdenominational environment with great value placed on optimal independence at all stages of life.



*I want to learn more!
Please send me information.*

- | | |
|--|--|
| <input type="checkbox"/> Manor (Independent Living) | <input type="checkbox"/> Respite Care |
| <input type="checkbox"/> Villa (Assisted Living) | <input type="checkbox"/> Hospice Care |
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| <input type="checkbox"/> Volunteer Opportunities | <input type="checkbox"/> St. Paul's PACE |

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Community Connection

is a tri-annual publication of St. Paul's Senior Homes & Services, a nonprofit corporation serving the Manor, Villa, John A. McColl Family Health Center, Community Care Center, Retirement Homes Foundation, and St. Paul's PACE.



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Truly A Night of Dreams

On September 8th, supporters of St. Paul's gathered at the Manchester Grand Hyatt for the 2007 LUV Gala honoring Bazaar del Mundo Founder **Diane Powers**. Guests started the evening by mingling amongst a variety of silent auction items and enjoying cocktails and hors d'oeuvres.

After being seated for dinner, everyone enjoyed not only the delectable food, but a lively program honoring Ms. Powers including a musical medley produced by the **Juletone Foundation**. When the music ended, the live auction fed off the energy of the crowd. Attendees bid on everything from memorabilia to vacations, all to support the medical clinic of St. Paul's PACE.



Co-chair Diane Dawson, Honoree Diane Powers and CEO Cheryl Wilson dressed in their colorful fiesta attire.

"It was like being at an elegant wedding with everyone dressed so beautifully and having such a great time," said co-chair **Gayle Stephenson**. "It's wonderful to have so much fun raising money for a great cause."



Entertainers crooned about the vivid colors, flair and business-sense of Honoree Diane Powers.



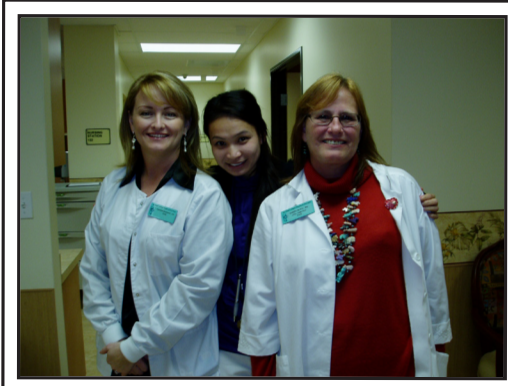
Ken and Julie Warren were dressed for the occasion.



City Councilman Kevin Faulconer, George Carter Jessop, Jean Trotter, Debbie Day and Kay Porter.

The Grand Opening(s) of St. Paul's PACE

When an organization puts more than nine years of its blood, sweat and tears into a project, it wants to share the end result with everyone who helped make it happen. For three days, St. Paul's held an Open House at the PACE Pavilion at 111 Elm Street to show various groups just what the organization has been working on and how the new program will benefit some of San Diego's frail seniors.



(Above) St. Paul's PACE employees ready to give the next clinic tour.

On December 5th, the building was opened to St. Paul's Residents and staff. "I'm very impressed by the warm colors and beautiful stained glass and artwork," said **Norris Tryon**, a St. Paul's employee of more than 30 years.

The next day, senior service providers throughout San Diego took their turn to learn about the first PACE program to open in California in the last 12 years. "It was wonderful to be able to show the outreach people and senior referral providers how our program will impact San Diego seniors," said PACE Executive Director **Alan Allgood**. "You can tell them how it's going to be, but showing them opened some eyes to just how special it really is."



(Above) St. Paul's Board President, the Very Rev. Scott Richardson, reads a prayer written by retired Bishop Robert Wolterstorff during the December 7th Grand Opening.

(Below) CEO Cheryl Wilson, PACE Board Chairman Pat Ford, Mayor Jerry Sanders, City Councilman Kevin Faulconer and Operating Board Chair Jack Carpenter cut the ribbon to open the building.



The final Open House on Friday, December 7th was a chance to thank the many donors, politicians, Board members and others who helped make a dream become reality. During the opening ceremony, CEO, **Cheryl Wilson**, announced the recent fundraising successes, which included grant funding from the **Archstone Foundation**, the **Alliance Healthcare Foundation**, the **California Wellness Foundation** and the **Masserini Trust**, as well as large personal gifts from **Frances Hamilton White**, **Mike and Linda Hall** and the **LUV Auxiliary**. The ceremony featured the unveiling of the building's name, "**The Desdemona Reasner Pavilion**," to honor the mother of long-time supporters **Kaye Woltman** and **Mel Mattison**. After the ribbon-cutting, the building was officially opened to guests for tours, presentations, champagne and a sumptuous buffet.