



Founded 1960

# St. Paul's Community Connection

A Tri-Annual Publication of St. Paul's Senior Homes & Services, a Nonprofit Corporation serving the Manor, Villa, John A. McColl Family Health Center, Community Care Center, Retirement Homes Foundation, and Community Eldercare of San Diego.

Vol. 1, Issue 2

Striving To Be the Most Outstanding and Innovative Senior Homes and Service Provider in California

August, 2005

[www.stpaulseniorhomes.org](http://www.stpaulseniorhomes.org)

## ST. PAUL'S WINE TASTING

Supporters of St. Paul's Senior Homes & Services gathered at the lovely home of **Audrey Burnier** for an afternoon of wine tasting. The event raised over \$2,500 for St. Paul's intergenerational child care and adult day care. St. Paul's CEO and Board Members also took the opportunity to honor **Laury Graves** for her years of dedication and contributions to St. Paul's.



*Diane Dawson, Cheryl Wilson, Betsy Anthony, Sally Bixler and Gayle Stephenson display auction items at the Wine Tasting.*



*Cheryl Wilson thanks Laury Graves.*

## ST. PAUL'S VILLA RENOVATIONS COMPLETE

The Villa renovations are complete with the final release of brand new large one and two bedroom apartments. The new apartments feature larger living spaces and bedrooms, kitchenettes and handicap accessible bathrooms.

St. Paul's Villa has also converted to all assisted living services. For a tour of the new apartments, please call Ellen Johnson on 619-232-2996.



*Newly Renovated St. Paul's Villa Assisted Living Units: The Del Mar, large two-bedroom apartment.*

## LEGACY WALL DEDICATION

After many years in the making, St. Paul's Retirement Homes Foundation celebrated the dedication and blessing of the Legacy Wall in St. Paul's Manor on June 20, 2005. The event was attended by Manor residents and St. Paul's staff. The dedication was conducted by **Bishop James R. Mathes**, with the **Rt. Rev. Dean Scott Richardson** in attendance.

The Legacy Wall began with a vision by **John A. McColl** to publicly honor those who have given to St. Paul's over the years. This Legacy Wall would be a historical marker that chronicles the individuals and organizations that saw the need to ensure the ministry of St. Paul's would continue as a legacy for generations to come.

The goal was to commission a donor recognition wall sculpted by Sanford Werfel, who sculptured two previous works, the "Wall of Honor" located in the lobby of St. Paul's Villa and the "Tree of Life" in the John A. McColl Health Center.

To bring the Legacy Wall to fruition, a benefactor was needed. Fortunately, a Manor resident, **Mrs. Evelyn Curry** provided the funding necessary to continue the commission and complete the sculpture. As a

testimony to the love and generosity of her deceased husband, **Rev. Matthew A. Curry** the centerpiece of the sculpture reads: "This Donor Wall is dedicated to Chaplain & Mrs. Matthew A. Curry".

The minimum donation threshold necessary for featuring a name on the Legacy Wall is \$10,000. Most of the names featured are the result of cumulative gifts reflecting many years of loyal support. A planned gift, however, is another option that would result in immediate recognition.

For those interested in making a planned gift for St. Paul's or questions about the Legacy Wall, please contact Bill Metzdorf at 619-239-6900 or via email at [wcmetzdorf@aol.com](mailto:wcmetzdorf@aol.com).



*St. Paul's CEO Cheryl Wilson, Manor Resident Mrs. Evelyn Curry, the Rt. Rev. Scott Richardson and Bishop James Mathes.*



St. Paul's Senior Homes & Services  
328 Maple Street  
San Diego, CA 92103

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## Perspective


I have recently returned from a tour of Norway and the International Association of Homes and Services for the Aging (IAHSA) conference in Europe. Meeting with fellow international senior services providers, really brought home the realization that problems of an aging population is not only an American issue; it is a world-wide issue. Colleagues throughout the world all reiterated the same problems – not enough services for the aging, a lack of skilled nursing staff, lack of financial resources, and a worldwide explosion in the senior population by the year 2020.



Cheryl Wilson,  
CEO

We also had the opportunity to tour three new residences for seniors staffed with universal workers. Universal workers are those who perform multiple tasks in a community – they may perform the duties of a housekeeper and that of a dining room server, as well as a nurse. This model has already been adopted successfully in Scandinavian and Mediterranean countries, as well as England and Australia.


St. Paul's must stand ready to be adaptive in the face of changing senior needs. We must keep up to date with changes in our aging population, and be proactive in meeting the needs of today while planning for the future.

I was also re-elected to the position of Chair of the Board of California Association of Homes & Services (CAHSA) in May 2005 and will continue to work to ensure that St. Paul's has an active voice and presence in the organization and the larger community. 




St. Paul's CEO **Cheryl Wilson** is congratulated by **Ramona Davies (R)** and **Jean Wright (L)** at the inauguration to her second term as the Chair of the California Association of Homes & Services (CAHSA) for the Aging, May 2005.

## DARLENE'S FAREWELL

St. Paul's staff and residents gathered on Friday March 18th to bid a fond farewell to **Darlene Plemmons**, St. Paul's Manor Assistant Administrator and Admissions Coordinator, who retired after 8 years at St. Paul's. Darlene was regaled by numerous tales from Manor Residents and Staff. 




Manor Resident **Georgeanne Smith** recites a poem to say farewell to **Darlene**.

**Love Uniting Volunteers (LUV)** celebrated 4th of July by serving up sweet treats for everyone on the Lahodny Patio. Manor and Villa residents, children from the St. Paul's Child Care and Senior Day guests all joined in the celebrations. 



## ST. PAUL'S SENIOR HOMES & SERVICES NOW ACCEPTING VEHICLE DONATIONS

Have you been considering donating a vehicle, trailer or boat? St. Paul's Senior Homes & Services now offers a vehicle donation program. Simply call 877-243-5724 to answer any of your questions or to schedule a pick-up. Proceeds from this program support St. Paul's services and programs. 

## CELEBRATING ANNIVERSARIES

St. Paul's staff members celebrated 1, 2, 5, 10 and 15 year anniversaries with pins and parties.

*Keep up the great work!*





**ST. PAUL'S SPICES UP ITS  
CULINARY OFFERINGS**

As part of St. Paul's Senior Homes & Services ongoing commitment to quality and exceptional service to our residents and day guests, we have contracted with Sodexho Senior Services to manage the Dietary Departments of St. Paul's Manor, St. Paul's Villa, the Community Care Center and the John A. McColl Family Health Center.


Sodexho Senior Services started services in early June, and will present a variety of new and exciting additions to the St. Paul's dining experience. During the summer, *Splash* will feature fun fruit juices and drinks, as well as water, to ensure that St. Paul's residents and day guests stay fully hydrated during the hot summer days.

*On The Town* features different themes at various times of the year, like "Spring in Paris", "Fall in New York", etc. The "Recipes From Home" dining experience allows residents to submit their favorite recipes to the dietary department. The cook works with the resident to get the right touch and other residents are graced with a new culinary delight.

*Chef Center Stage* is a show cooking experience which brings the cooking experience to the dining room. The chef can do stir-fry's, omelet bars, dessert bars, etc.

*The Maple Street Grill* is a fine dining program where residents can make reservations in advance, and can be in conjunction with a special occasion like Valentine's Day.

Sodexho will also tailor special food services programs for the skilled nursing and assisted living communities to continue to keep our residents healthy and well nourished.

Debby Reaza will be St. Paul's liaison to Sodexho and the head of St. Paul's Dietary Department. Debby has managed food services for over ten years and has worked in the health care industry for over 30 years. She graduated from California State University at Los Angeles with a B.S. in Food and Nutrition. She is a registered dietitian. Debby says that her passion is food and that her favorite food is Italian. Welcome to the St. Paul's team Debby! 



Sodexho Dietary Manager, **Debby Reaza** with Dietary Supervisors **Tony Abril**, **Peter Javier** and **Margaret Sanders**.

**St. Paul's Senior Day Guests and Children were given an extra special Easter treat with a surprise visit by the Easter Bunny and Marines from Camp Pendleton.**



Manor Resident **Billy Riley-Watkins** displays her lovely *Cinco de Mayo* costume.

St. Paul's residents and staff had a wonderful time with dances, performances and delicious Mexican food.



**Eileen Bullen**, beloved Manor Resident Turns 100



McColl Health Center Residents and Staff celebrate the 46th Annual Silvergate Wheelchair Regatta in June 2005.



Congratulations to our newest graduates from the **Mighty Hornets Class**.  
**Smooth Sailing!!**

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**I AM INTERESTED IN LEARNING MORE!**  
**PLEASE SEND ME BROCHURES AND INFORMATION ON:**

- |  |  |
|--|--|
| <input type="checkbox"/> Manor – Independent Living                    | <input type="checkbox"/> Volunteer Opportunities |
| <input type="checkbox"/> Villa – Assisted Living                       | <input type="checkbox"/> Respite Care            |
| <input type="checkbox"/> McColl Family Health Center (Skilled Nursing) | <input type="checkbox"/> Hospice Care            |
| <input type="checkbox"/> Home Care                                     | <input type="checkbox"/> Senior Day Services     |
| <input type="checkbox"/> St. Paul's Foundation                         | <input type="checkbox"/> Child Care Services     |
| <input type="checkbox"/> Charitable Gift Annuities                     | <input type="checkbox"/> LUV Membership          |
| <input type="checkbox"/> Planning Giving Opportunities                 |  |

**Please send information to:**

Name: ☐ Rev. ☐ Dr. ☐ Mr. ☐ Mrs. ☐ Miss ☐ Other \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Telephone: (      ) \_\_\_\_\_

Please mail this form to: St. Paul's Senior Homes & Services • Marketing and Public Relations  
8/2005 328 Maple Street • San Diego, CA 92103 (619) 239-6900

## Tribute & Memorial Gifts

Received March 18, 2005 – July 18, 2005\*

**IN MEMORY OF:**

Dorothy Bartell  
Ann Clark  
Marjorie Hathaway  
Elizabeth Jessop  
Mary Mumby Judson  
Mary Mumby Judson  
Mary Mumby Judson  
Mary Mumby Judson  
Mary Mumby Judson  
Mary Mumby Judson  
Mary Mumby Judson  
Mary Mumby Judson  
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Mary Mumby Judson  
Mary Mumby Judson  
Mary Mumby Judson  
Hayden McCallum  
Jane Minchinton  
Edward & Mary Walsh  
Harvey Warren

**IN HONOR/BIRTHDAY:**

Leigh Jacobsen  
Barbara Krepps

**DONOR NAME:**

Love Uniting Volunteers  
The Clark Family  
Marilyn MacNair  
George Jessop  
Kathleen Hare  
Eddie & Denise Gallinetti  
Marjorie Van Winkle  
James & Rachel Ware  
James & Martha Bywater  
C. Sterling Judson  
William & Carol McDade  
Pamela Ellis  
Curtis Anderson  
C. D. Pennington  
Alice Crittenden  
Love Uniting Volunteers  
Anna Hines  
Richard & Cheryl Wilson  
Walter & Carol Keim  
Mark Lester  
Vernon Schafer  
Edward Walsh  
Vernon Schafer

**DONOR NAME:**

Susan Stone Hayes  
Walter Myron

\* If errors or omissions exist, please accept our apologies and call the Foundation Office at (619) 239-6900.

## PLANNED GIFTS MADE EASY

"We're all familiar with making a contribution to your favorite charitable organization. We send in our money and then take the deduction from our taxes for that year. It's a very common practice," says Bill Metzdorf, Executive Director of St. Paul's Retirement Homes Foundation and an authority on planned gifts. "I've found, however, people are less familiar with the way planned gifts, such as Charitable Gift Annuities (CGA) work."

**HOW IT WORKS**

In essence, CGAs are life **income** gifts that benefit both the donor and St. Paul's: You transfer your assets to St. Paul's, take the charitable deduction on your taxes for a portion of the transfer, and you (or a beneficiary) receive **income** based on those assets for the rest of your life (or a fixed period of time).

Upon the passing of the last surviving beneficiary, St. Paul's will use any remaining assets of the

annuity to support the programs and services you designated when you established the CGA.

**SEVERAL TAX BENEFITS**

Regardless of your age or the timing of the income, you can take the charitable deduction from your taxes for a portion of the gift in the year you make the gift. A portion of the income payments you receive each year may also be exempt from certain income taxes. You may even be able to reduce your capital gains tax by using long-term, appreciated securities to make your gift.

"People don't realize what an excellent **income generator** a charitable gift annuity can be for someone retired and on a fixed income," says Metzdorf. "I would be happy to speak with anyone interested in making a planned gift for St. Paul's." Bill Metzdorf can be reached at 619-239-6900 or via email at [wcmetzdorf@aol.com](mailto:wcmetzdorf@aol.com).




## LUV GALA 2005 UPDATE

There is excitement mounting around the 22nd Annual LUV Gala for 2005. This year's honoree, the **recently consecrated bishop of the Episcopal Church in San Diego, the Rt. Reverend James R. Mathes**, is creating excitement. "It's very kind of the Bishop to be our honoree. Being new to San Diego, we feel it's an excellent way to introduce him to the many supporters of St. Paul's, and their ministry to serve the needs of San Diego's elderly," says Nina Renda, Chair of the Gala.

For 45 years, St. Paul's has worked diligently to meet the needs of the elderly through their residential facilities, at-home care program or adult day care. And for over 20 of those years, the **LUV Gala has become the premier fundraising event** for St. Paul's. It's a time when members of the community can come together for dinner, music and dancing, while celebrating the lives of our residents and program participants.

This year's event, which will be held on **Saturday, September 10** at the elegant **Hyatt Regency in La Jolla**, offers the community several opportunities to show their support. For instance, to help reduce the costs of the event, supporters may make a **tax-deductible donation to underwrite** one of several production items, such as table center pieces, printing of the invitations or the cost of attending the Gala for a St. Paul's resident. Another opportunity is the **purchasing of an advertisement space or congratulatory message** in the event's program.

The Harvest Ball will feature a 50/50 opportunity drawing that offers a sizable return of \$5,000, \$2,500 and \$2,500 for 1st, 2nd and 3rd place winners respectively and numerous live and silent auction items. "We have a great selection of some unique auction items," says Sharon Daley, Co-chair of the Gala. "My favorite is a fantastic, one week vacation in Baja, California for four at a beachside guest house; this package includes the use of 2 ATVs, snorkeling equipment, airport transfers and an airfare credit of \$500. Another item sure to be hit is a parking pass valid throughout 2006 for any ACE lot in San Diego."

**Tickets for the Gala** start at \$150 per person; for tickets or rates for special table packages, please contact Todd Kaprielian at 619-239-6900 or via email at [foundationcoordinator@earthlink.net](mailto:foundationcoordinator@earthlink.net). 



*Harvest Ball*  
2005 LUV GALA

Honoring  
*Rt. Reverend James Mathes*

September 10th, 2005  
6:00 pm  
Hyatt Regency, La Jolla

SAVE THE DATE

**MISSION STATEMENT:** St. Paul's Senior Homes & Services provides affordable, innovative and comprehensive programs in a secure, interdenominational environment with great value placed on optimal independence at all stages of life.

**VISION STATEMENT:** St. Paul's Senior Homes & Services strives to be the most outstanding and innovative senior homes and services provider in California, dedicated to serving the physical, spiritual, and social needs of the elderly and community, fostering a culture of diversity and inclusion within the highest quality facilities, health care, and programs consistent with affordable costs.