

St. Paul's Community Connection

A Tri-Annual Publication of St. Paul's Senior Homes & Services, a Nonprofit Corporation serving the Manor, Villa, John A. McColl Family Health Center, Community Care Center, Retirement Homes Foundation, and Community Eldercare of San Diego.

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Striving To Be the Most Outstanding and Innovative Senior Homes and Service Provider in California

April, 2005

ST. PAUL'S RAISES ANOTHER \$1 MILLION FOR PACE



111 Elm Street, A Place for PACE

St. Paul's Senior Homes & Services has reached its capital campaign goal of \$3 million to fund the Program of Allinclusive Care for the Elderly (PACE). The campaign which started three years ago has come to the successful end of Phase II.

St. Paul's affiliate, Community Eldercare of San Diego (CESD)'s PACE program will enable nursing home eligible low-income seniors to continue living in their own homes and communities. The integral level of care that the program will provide reduces the demands on the public health system while improving the quality of life for seniors.

"The gifts that put us over the milliondollar mark were presented by **The Reverend Canon Barnabas Hunt** and **The Reverend Canon Andrew Rank** on behalf of the Society of St. Paul in honor of **Bishop Gethin Hughes of the San Diego Episcopal Diocese**. Both men serve on our Board of Directors," said Cheryl Wilson, CEO of St. Paul's Senior Homes & Services. "All of our Board and committee members responded enthusiastically and generously to our capital campaign."

The PACE center will be housed in a newly acquired building at 111 Elm Street. The renovation of the building will continue St. Paul's tradition of finding innovative solutions to the health and



social services needs of San Diego's low-income seniors.

Local charitable groups including the Hamilton-White Foundation, Parker Foundation, Thomas C. Ackerman Foundation, Masserini-French Fund, Pratt Memorial Fund and Stafford Memorial Trust helped provide funds for the acquisition of the site. The California Endowment granted the PACE project \$351,925 for the California state licensing process and for staffing once that process is complete.

Mike Hall, President of Hallmark Communities, also recently announced his company's "Hallmark Challenge Grant" which will triple donations to CESD's campaign, up to \$225,000. "The San Diego community has really responded well to the pressing needs of



Bill Metzdorf, Pat Ford, Cheryl Wilson with Linda and Mike Hall.



Barbara McColl, Audrey Burnier, Russ Vuich, Richard Woltman, Kay Woltman and Claudia Mornout.

our frail elderly," said Bill Metzdorf, Executive Director of St. Paul's Retirement Homes Foundation, "CESD will provide critically needed services to San Diego's seniors and a wonderful angel contributed \$1 million to ensure these services will be available."



Supporters and St. Paul's Manor residents at dedication.

DEDICATION OF A PLACE FOR PACE

On Friday January 14th, over 100 supporters of the Community Eldercare of San Diego (CESD) attended the blessing and dedication of the 111 Elm Street building. **The Very Rev. Scott Richardson, Dean of St. Paul's Cathedral** and the **Rt. Rev. Robert Wolterstorff, First Bishop of San Diego** blessed the building. **Mike Hall**, CEO of Hallmark Communities, and many other dignitaries were also present.





Bishop Robert Wolterstorff, Cheryl Wilson, Mike Hall, Dean Scott Richardson and Pat Ford. Bill Metzdorf, Cheryl Wilson, Pat Ford, Randy Traux, Julia Running, Ben Geske, Stewart Gaddy with Mike and Linda Hall of Hallmark Communities at the check presentation.

Mike Hall of Hallmark Communities spoke about his father who would have benefited greatly from a PACE program.



St. Paul's Senior Homes & Services 328 Maple Street San Diego, CA 92103

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Perspective

The New Year brings new challenges. With budget cuts at the state and federal levels, planning for future viability is extremely important.

The Board is undertaking a ten year strategic plan, and we are in the process of actualizing our vision for the future. Our main goals for 2005 are two-fold -- Cheryl Wilson, improving and expanding our existing facilities; and developing new facilities



CEO

and services for the elderly population of San Diego.

We will be converting and re-branding St. Paul's Villa to "assisted living". The Board is also beginning the multi-year planning process of developing a Continuing Care Retirement Community (CCRC).

The Board of Directors continues to be proactive and innovative in planning for the next 25 years at St. Paul's, while ensuring the financial strength of the organization. 😝



LUV Grala raises \$46,000

On December 9th, 2004 LUV presented the proceeds of the 21st Annual LUV Gala to St. Paul's Senior Homes & Services. "LUV is a Many-Splendored Thing" was the 2004 gala theme. Guests dressed in elegant Asian-inspired attire to match the Gala's design theme.

Lanita Carroll and Joyce Frye presented a check in the amount of \$46,000 to Bill Metzdorf, Executive Director of St. Paul's Foundation and Cheryl Wilson, CEO of St. Paul's Senior Homes & Services. The funds raised will be used to renovate the clinic of the new site for Community Eldercare of San Diego. 😽





St. Paul's Retirement Homes Foundation Executive Director Bill

Metzdorf and St. Paul's CEO

Cheryl Wilson with the President

of LUV, Joyce Frye and 2004 Gala Chair Lanita Carroll.

ANNE DE MEULES RETIRES FROM CHAIR OF ST. PAUL'S BOARD OF DIRECTORS

Ms. Anne De Meules retired in March 2005 from her position as Chair of the Board of Directors. Anne De Meules first joined St. Paul's Senior Homes & Services Operating Board in 1997. She was the first woman to serve as the Board Chair.

Anne is a Licensed Clinical Social Worker who has served as the San Diego County Coordinator for Senior Services and as first state Ombudsman Program Manager, a program she helped create which is now nationally replicated. Anne co-founded the Alliance of Aging and Mental Health Professionals and has received awards related to health care and women in government.

Anne has overseen a period of rapid growth for St. Paul's during her time as Board Chair. She will shortly take up her



new position as Trustee of St. Paul's **Retirement Homes** Foundation Board. Anne's dedication to the St. Paul's community is greatly appreciated. 😝

St. Paul's Staff thanks Anne for her support during her term of office.



Thank you,



Nina Renda, LUV Gala Chair Sharon Daley, Co-Chair

THE BOARD HAD A WONDERFUL HOLIDAY TEA WITH LOTS OF DANCING







2005 Gala co-chairs Sharon Daley and Nina Renda with Joyce Frye.



Manor residents and LUV Volunteers have a wonderful time at the luncheon.

Jack Carpenter and Randy Traux enjoy the LUV Christmas luncheon. Canon Andrew Rank with Cheryl Wilson.







Jack Carpenter with Eileen and Chuck Ayars.





Now that the New Year is in full swing, we would like to take a brief look back to the cheer and wonder of Christmas at St. Paul's.







Santa came to visit the children and seniors at St. Paul's Community Care Center.



The Point Loma Rotary Club sang for residents at the Manor and John A. McColl Family Health Center.

Intergenerational Pageant





ST. PAUL'S SENIOR HOMES & SERVICES BOARD OF DIRECTORS

The Very Rev. Scott Richardson, President Diane Ritchey-Andrews, Chair Winfred Knapp, CPA, Vice Chair

Mark McMahon, Treasurer Cheryl Wilson, C.E.O., Secretary Jack Carpenter, Asst. Secretary Anne De Meules, Past Chair Mark Allan Chuck Ayars James Brayshay Phil del Campo, PhD Jack Damson Barbara France Doris Howell, MD Rev. Barnabas Hunt Patrick Hurley Rev. Tally Jarrett Johnathon Tibbetts Jack Lentz Rev. Andrew Rank Richard Thorn Russ Vuich

MEDICAL DIRECTORS John Berger, M.D. Dennis Ehrlich, M.D. Sandra McColl, M.D.

St. Paul's staff collected gifts for the San Diego Rescue Mission.



The residents always "dress up" for the annual Board Tea.



Cheryl Wilson thanks Tony Abril and Peter Javier, the Villa and Manor Dietary Supervisors, for the incredible job they did throughout the holiday season.

ST. PAUL'S RETIREMENT HOMES FOUNDATION OFFICERS AND TRUSTEES

William McLaurin, Chair

John Witt, *Vice Chair* Laury Graves, *Treasurer* Betsy Anthony Sally Bixler Daryl Ferguson Cheryl Wilson, C.E.O., *Secretary* Gil Klecan William McColl Anne De Mueles Gayle Stephenson Susan Stone-Hayes Jean Trotter Randy Truax Joyce Frye, *LUV Auxiliary President*

Rev. Dr. William C. Metzdorf, *Executive Director* Rt. Rev. Robert Wolterstorff, *Trustee Emeritus*

COMMUNITY ELDERCARE OF SAN DIEGO BOARD MEMBERS

Pat Ford, Chair

Alan Talbott, Esq., *Vice Chair* Roger Bailey, PhD, *Secretary* Kathy Jones, CPA, *Treasurer* Jill Holmes Ardyce Jarvis Janet Klauber Leane Marchese Richard Sullivan, M.D. Cheryl Wilson, C.E.O.

I AM INTERESTED IN LEARNING MORE! please send me brochures and information on:

🗆 Manor – Independent Living	Volunteer Opportunities
🗆 Villa – Assisted Living	🗆 Respite Care
McColl Family Health Center (Skilled Nursing)	Hospice Care
🗆 Home Care	Senior Day Services
🗆 St. Paul's Foundation	Child Care Services
🗆 Charitable Gift Annuities	🗆 LUV Membership
Planning Giving Opportunities	
Please send information to: Name: Rev. Dr. Mr. Mrs. Miss Other	
Address:	
City/State/Zip:	
Telephone:)	
Please mail this form to: St. Paul's Senior Homes & Services • Marketing and Public Relations	
4/2005 328 Maple Street • San Diego, CA 92103 (619) 239-6900	



IN MEMORY OF:

Janet Ayars **Dorothy Bartell** Vincent Biondo Vincent Biondo Barbara Cooper Barbara Cooper Louise Cordua Viola Enoch Al Gabbs Edward Grimm **Ernestine Grimm** Elizabeth Jessop Emily Johnson Wentworth Kilgore **Robert Marcotte Robert Marcotte Robert Marcotte** Hayden McCallum John McColl Virginia McColl Virginia McColl Mary Phalen John Roush **Avelino Salinas** Freda Sandweiss Vernon Schafer Adelbert Seiler Sarah Silverthorn Tom Snook **Bill Stephens Bill Stephens**

DONOR NAME:

David & Debby DeAngelis **Rick & Cheryl Wilson** Rick & Cheryl Wilson **Beverley Biondo** Love Uniting Volunteers Julie Krepps Rick & Cheryl Wilson John & Betsy Anthony Sharon McColl Sharon McColl Robert & Janet Mayo Jeanne Frost Sherrilyn Goodwin Tracy Goodwin Elizabeth M. Jessop Keene Rees Marcia Thaxton Patsy Pittenger Charles and Dottie Cunningham Jerry & Barbara Fitzsimmons Barbara Grodahl Patti Hogan Carol Marcotte William Metzdorf Paul Wells Sharon McColl John McColl & Anastasia Thomas Joseph Roche Donna Lochtefeld Anonymous Donor **Donald Sandweiss** Catherine Schafer Jean Liuzzi Sharon McColl Kent & Jill Porter Sharon McColl **Rick & Cheryl Wilson**

ST. PAUL'S SENIOR HOMES & SERVICES CELEBRATES 45 YEARS OF SERVICES

This year marks the 45th anniversary of St. Paul's Senior Homes & Services. St. Paul's was officially incorporated on August 31st 1960 by the parish of St. Paul's Episcopal Church. Its first building was St. Paul's Manor, with the tower added in 1967. The second building, John A. McColl Family Health Center, was added in 1982. Today, St. Paul's Senior Homes & Services operates 7 buildings, 4 facilities and many different programs. Our facilities include St. Paul's Manor (a full service retirement community), St. Paul's Villa (a full service assisted living community), the John A. McColl Family Health Center (a skilled nursing and rehabilitation services community), and the Community Care Center. St Paul's community programs include: Home Care, Senior Day Services, Child Day Care, Respite Care, and Hospice Care.

Throughout the years, St. Paul's has continued its mission of striving to be the most outstanding and innovative senior homes and service provider in California. We are dedicated to serving the physical, spiritual and social needs of the elderly and the community by providing the highest quality facilities, health care and programs all consistent with affordable costs.

To celebrate our 45th anniversary, we are planning a block party and open house with our staff, residents and the community on Saturday, July 30th at 10am. SAVE THE DATE.

LUV TEA 2005

LUV volunteers celebrated St. Valentine's Day in their traditionally fine LUV style on February 14th with high tea. **Marjorie Mitchell**, past LUV Board President graciously opened her home to the gathering. **Mary Maude Sadler**, also a past President spoke about the mission and community of the LUV volunteers and their contributions to St. Paul's Senior Homes & Services.

Cheryl Wilson also took the opportunity to thank **James Langston**, an outstanding volunteer, who has developed and maintained St. Paul's website for many years.



Mary Maude Sadler thanks Marjorie Mitchell for hosting the annual LUV



Jim Langston receives plaque from Cheryl Wilson, CEO.

IN HONOR/BIRTHDAY:

Hilda Baston Stanley & Genevieve Drigot Marguerite Greco Thomas Hodgkinson Jack Horowitz Cloe Moreno Vera Rauch Lois Whitaker Amnon Ben-Yehuda

DONOR NAME:

Richard & Linda Friel Genevieve Drigot Carmelina Greco Judith Hodgkinson Ted Harwood Elizabeth Maland Hilda Berge Mike & Jeanne Althouse Rick & Cheryl Wilson

* If errors or omissions exist, please accept our apologies and call the Foundation Office at (619) 239-6900.

MISSION STATEMENT: St. Paul's Senior Homes & Services provides affordable, innovative and comprehensive programs in a secure, interdenominational environment with great value placed on optimal independence at all stages of life.

VISION STATEMENT: St. Paul's Senior Homes & Services strives to be the most outstanding and innovative senior homes and services provider in California, dedicated to serving the physical, spiritual, and social needs of the elderly and community, fostering a culture of diversity and inclusion within the highest quality facilities, health care, and programs consistent with affordable costs.

Membership Tea.

CHERYL WILSON SERVES ON THE SENIOR AFFAIRS ADVISORY BOARD OF THE CITY OF SAN DIEGO

Cheryl Wilson, CEO of St. Paul's Senior Homes & Services, was appointed to the Senior Affairs Advisory Board of the City of San Diego in December 2004.

Ms. Wilson serves in an advisory capacity to the Mayor and the City Council on issues and policies affecting seniors in San Diego. The Senior Affairs A dvisory Board examines and makes recommendations on issues such as transportation, security at home, meal delivery, housing, city employment policies for seniors, and formation of laws, policies, or procedures which may affect seniors. Ms. Wilson is one of seven permanent members on the Board.