



Founded 1960

# St. Paul's Community Connection

A Tri-Annual Publication of St. Paul's Senior Homes & Services a Nonprofit Corporation serving the Manor, Villa, John A. McColl Family Health Center, Community Care Center, Retirement Homes Foundation, and Community Eldercare of San Diego.

Vol. 2, Issue 2

Striving To Be the Most Outstanding and Innovative Senior Homes and Service Provider in California

July, 2004


[www.stpaulseniorhomes.org](http://www.stpaulseniorhomes.org)



**Bill McLaurin**, Foundation Chair, presents Loving Heart Award to **Chuck Ayars** at "May Day" wine tasting event.




**Jack Anthony** and high bidder **Mary Donnelly** are joined by **Debra Lazier** and **Cheryl Wilson**, St. Paul's C.E.O.

The Young & Restless Wine-tasting on May 1st was hailed a success again this year. Even in record-breaking temperatures, **Audrey Burnier's** Third Avenue home and shaded garden provided a comfortable retreat for the occasion, which included the presentation of the third Loving Heart Award to **Charles Ayars** for his outstanding support. Chuck has been a mainstay of St. Paul's from its inception more than 40 years ago. He was involved in arranging the original Articles of Incorporation and HUD loan for St. Paul's Manor in 1960, signed papers incorporating the Villa in 2004, and was one of the first people to pledge his financial support for the present Capital Campaign – *Generosity for Generations – A Place for PACE*. The special award was presented by **Bill McLaurin**, Chair of the Foundation. The second highlight of the evening was the bidding which reached an amazing price of \$450.00 on a bottle of 1990 Chateau Margaux Bordeaux during skillful auctioneering by **Jack Anthony**. The Wish-list of the Intergenerational Program was well received by guests of the wine-tasting, and **Linda Hopkins**, Supervisor of Senior Day Care, was heard to remark: "This is just like Christmas! Our Seniors and children will just love the items being sponsored today!" 

## FIRST PACE SYMPOSIUM HELD ON AGING CRISIS

St. Paul's Retirement Homes Foundation presented the first PACE Symposium to address the aging crisis in San Diego on behalf of St. Paul's Senior Homes & Services. The Symposium was held at the Museum of Man in Balboa Park and was sponsored by **Union Bank of California**. *The Cost of Providing Care To Seniors in the 21st Century* was the topic of keynote speaker **Mike Murphy**, President and C.E.O. of Sharp Healthcare. **Cheryl Wilson**, St. Paul's C.E.O. followed with an address on who St. Paul's will be serving through the PACE program. **John Witt**, Capital Campaign Co-Chair, was Master of Ceremonies. Following the program, guests enjoyed a wine and hors d'oeuvres reception while leisurely touring the museum.

PACE is a **Program of All-inclusive Care for the Elderly**, which St. Paul's is developing in San Diego, designed to enable frail Seniors to continue to live in their own homes, thus reducing the demands on our public health system while improving their quality of life.

Several PACE symposiums are being planned throughout the year, and will feature speakers from organizations that are involved in the PACE project, including San Diego Hospice & Palliative Care, Meals-On-Wheels Greater San Diego, ElderHelp of San Diego, and Aging & Independence Services for San Diego County. If you would like to learn more about PACE or attend a PACE Symposium please call St. Paul's at (619) 239-6900. 



**Mike Murphy**, President and C.E.O. of Sharp Healthcare, shares his perspective of Health Care for Seniors at the first PACE Symposium held in the Museum of Man in Balboa Park.

### IN THIS ISSUE

- Blind Homeless Senior Receives Home and Sight – San Diego Outreach Program Makes a Difference
- C.E.O. Installed As CAHSA Board Chair
- Precious Moments – Child Care Graduation
- Manor Hospitality



St. Paul's Senior Homes & Services  
328 Maple Street  
San Diego, CA 92103

Return Service Requested



EQUAL HOUSING OPPORTUNITY



AMERICAN ASSOCIATION OF HOMES AND SERVICES FOR THE AGING



Non-Profit Org.  
U.S. Postage  
**PAID**  
Permit No. 435  
San Diego, CA



## Perspective


Having recently returned from two trips it is amazing how different cultures care for their Senior populations. In Russia, life is bleak for the elderly; many of them live in communal apartments and receive on average \$40.00 per month with health services being provided in their apartments by an understaffed visiting nurse program.



Cheryl Wilson,  
CEO

On the other hand, my trip to Washington D.C. showed me how not-for-profit organizations which serve Seniors are doing remarkable work on very small budgets. They are focused on meeting the special needs of special Seniors, i.e. Parkinson's patients, young Seniors with learning and physical disabilities since birth, home and community based programs that reach out and serve those who wish to remain in their homes. There are Seniors in retirement facilities providing thousands of volunteer hours in their facilities, community schools, dependent populations, at-risk youth, and educational training for medical school students, to name a few.

Facilities are partnering with other organizations to develop some special programs, and St. Paul's Senior Homes & Services is no different. We currently partner with San Diego Hospice, ElderHelp of San Diego, Meals on Wheels, Aging and Independence Services of the county, UCSD, SDSU, USD, and Alliant University. Many nursing programs currently rotate through our medical unit, and other students use our facilities as their "living classroom."


Only through collaboration, innovation and re-inventing who we are and whom we serve, will we be able to meet the needs and expectations of future Seniors. St. Paul's Board and staff are currently engrossed in planning that future. We hope you will join us. 



## LUV Is a Many Splendored Thing



LUV is winding down the program year with the final luncheon meetings featuring a thorough explanation of PACE (Program of All-inclusive Care for the Elderly), a major project of St. Paul's Senior Homes & Services and the installation of officers for the 2004-2005 program year.

PACE will once again be the recipient of funds raised at the annual LUV Gala. The Gala (August 27) plans are being implemented by **Lanita Carroll** and her committee. The Asian Theme, reflected in the event name "LUV Is A Many Splendored Thing," will be carried out with black and red table linens and graceful varieties of floral arrangements in black vases. The dining room and cocktail/auction area will overlook the bay in the Coronado Marriott Hotel. Gala invitations will be sent at the end of July. Many tables have already been spoken for and a record crowd is expected to honor **Jim and Betty Brayshay**. Tickets to the event are \$150.00 each. Call Carol at St. Paul's Retirement Homes Foundation at (619) 239-6900 today to acquire tickets or reserve a table. 

## Wish List

### COMMUNITY CARE CENTER

- Power Paper Shredder - \$399.00
- HP 945 Photosmart Camera - \$450.00
- HP Photosmart 7760 Printer - \$450.00

### ST. PAUL'S MANOR

- Handicapped Shower Conversion - \$3,200 each

### ST. PAUL'S VILLA


- Surround Sound Large Screen T.V. - \$3,000.00
- Chairs - \$150.00 each
- Floral Arrangements - \$100.00 each
- Silk Plants and Trees - \$80.00 each
- Pictures - \$100.00 each • Mirrors - \$100.00 each
- Dance Floor - \$4,500.00

### ST. PAUL'S SENIOR HOMES & SERVICES

- Pick Up Truck
- Wireless Security Camera - \$750.00
- Security Camera Upgrade for Manor and Villa - \$15,000.00
- Video Camera - \$300.00


## HIGHLIGHTING BOARD MEMBERS



**Mark Allan** is a new member of St. Paul's Senior Homes & Services Board of Directors. He is the First Vice President of the Driver Alliant Insurance Services and specializes in the design, marketing, implementation, and servicing of corporate benefits programs. Mark is a dedicated member of the San Diego Rotary Club where he first learned of St. Paul's through **Cheryl Wilson**, St. Paul's C.E.O. He is also active with the Mt. Helix Park Foundation and the Boys to Men Mentoring Network. As a board member, Mark serves on the Insurance Committee and the Young and Restless Committee. What he enjoys most is being a racecar driver. He and his wife Connie have two children and one grandchild. 

## HIGHLIGHTING EMPLOYEES



**Bill Metzdorf** joins St. Paul's Senior Homes & Services as the Executive Director of St. Paul's Retirement Homes Foundation. He is a Senior Chaplain and Lieutenant Colonel in the Army National Guard. Bill has extensive experience in fundraising and financial management for non-profit organizations and was the founder of CharityDirect. He received his B.A. from St. Mary's University, his M.A. from Catholic University of America and a Doctorate in Ministry from Claremont School of Theology. In 2000, Bill was selected by San Diego Magazine as one of the 50 local entrepreneurs to watch. He is also a Licensed Clinical Marriage & Family Therapist. He is looking forward to a successful capital campaign and the implementation of PACE. 

### ST. PAUL'S SENIOR HOMES & SERVICES BOARD OF DIRECTORS

The Very Rev. Scott Richardson, *President*  
Anne De Meules, *Chair*  
Diane Ritchey-Andrews, *Vice Chair*

Mark McMahon, <i>Treasurer</i>	Barbara France
Cheryl Wilson, C.E.O., <i>Secretary</i>	Doris Howell, MD
Winfred Knapp, <i>Asst. Secretary</i>	Rev. Barnabas Hunt
Mark Allan	Patrick Hurley
Chuck Ayars	Jack Lentz
James Brayshay	Rev. Andrew Rank
Phil del Campo, PhD	Richard Thorn
Jack Carpenter	Paul Zeigler, D.D.S.
Jack Damson	

### MEDICAL DIRECTORS

John Berger, M.D. Dennis Ehrlich, M.D. Sandra McColl, M.D.

### ST. PAUL'S RETIREMENT HOMES FOUNDATION OFFICERS AND TRUSTEES

William McLaurin, *Chair*

John Witt, <i>Vice Chair</i>	Rev. Tally Jarrett
Maurice Watson, <i>Treasurer</i>	Gil Klecan
Betsy Anthony	William McColl
Sally Bixler	Thomas Peek
Jack Damson	Gayle Stephenson
Daryl Ferguson	Susan Stone-Hayes
Laury Graves	Jean Trotter
Cheryl Wilson, C.E.O., <i>Secretary</i>	Joyce Frye, <i>LUV Auxiliary President</i>

Rev. Dr. William C. Metzdorf, *Executive Director*  
Rt. Rev. Robert Wolterstorff, *Trustee Emeritus*

### COMMUNITY ELDERCARE OF SAN DIEGO BOARD MEMBERS

Pat Ford, *Chair*


Alan Talbott, Esq., <i>Vice Chair</i>	Kathy Jones
Roger Bailey, PhD, <i>Secretary</i>	Janet Klauber
Ed Thomson, CPA, <i>Treasurer</i>	Leane Marchese
Jill Holmes	Richard Sullivan, M.D.
Ardyce Jarvis	Cheryl Wilson, C.E.O.






(l-r), **Santino Mattia, Annelise Snyder, Ronan Slane and Kaimana Boisvert.**

## PRECIOUS MOMENTS

Four children from St. Paul's Child Care Program were recently graduated to Kindergarten. The graduation ceremony featured a processional with pomp and circumstance, the traditional granting of a diploma, and the mortarboards toss into the air. Key staff and volunteers also received recognition awards for their help throughout the year. The graduates were later joined by their schoolmates, teachers, parents, Senior Day Service guests and staff for a reception in their honor on the Senior Day patio. 

## MANOR HOSPITALITY

The Hospitality Team for St. Paul's Manor was treated to a cooking demonstration by **Chef Doug Edwards** following a gourmet luncheon complete with wine, in honor of their important work at St. Paul's.

The Hospitality Team is lead by **Mrs. Bessie Cossette**. The Hospitality Team Resident's job is to be a "buddy" to the new Resident. This includes taking them to meals, explaining different procedures, and generally showing them the "ropes" of living at the Manor. Additionally, members of the Hospitality Team graciously opened their homes to prospective new Residents during Manor tours and open houses. 




## BLIND HOMELESS SENIOR RECEIVES HOME AND SIGHT

### San Diego Outreach Program Makes a Difference




**Cheryl Wilson, St. Paul's C.E.O. and Ellen Johnson, Villa Admissions Coordinator, congratulate Jose Gomez, Villa Resident, at a reception celebrating his recent successful eye surgery.**

St. Paul's Senior Homes & Services has made a difference in the life of a new resident who was formally homeless and blind. Jose (Joe) Gomez has been a resident at St. Paul's Villa since early February as part of St. Paul's participation in the San Diego Outreach Program. Joe has been a gardener for the last 30 years. While working on a ranch in Bonita during the last 2-3 years, he began to lose his sight. Although an American citizen, Joe had lost most of his paper work and documentation and at 70 years old was unable to support himself or find housing and medical care. The owners of the ranch let him live in a barn and then contacted the San Diego Homeless collaborative, which offers support services for seniors who need assisted living through St. Paul's Villa. Through the Rotary contacts of Cheryl Wilson, St. Paul's C.E.O., Joe was able to receive free eye care surgery to regain his sight. 

## ARBOR DAY CELEBRATED



A tree was planted in honor of Arbor Day in St. Paul's Intergenerational Park. The Children and Senior Day Guests from the Community Care Center were joined by the Residents of St. Paul's Manor to celebrate the tree planting. 

## TEXAS CHOIR SINGS FOR McCOLL CENTER



Woodland United Methodist Church Youth Choir touring from Woodland Texas performed for the Residents of the John A. McColl Family Health Center.

## EASTER BUNNY SHARES THE LOVE



The Easter Bunny shares some love with **Alice Redhead** hummingbird in St. Paul's Child Care.



Manor Residents (l-r) **Luise Shacklett, Maxine Nordahl, Georgia Tarwater, Rita Hartman, Elizabeth Jones, and Mary Elle Lopez** show their Easter finery.



**Bill Metzdorf, Executive Director of St. Paul's Retirement Homes Foundation** pays tribute to D-Day with the Intergenerational Program.



**Mic Burin, Villa Resident, leads children from St. Paul's Child Care on a Flag Day Parade**





**I AM INTERESTED IN LEARNING MORE!  
PLEASE SEND ME BROCHURES AND INFORMATION ON:**

- |  |  |
|--|--|
| <input type="checkbox"/> Manor – Independent Living                    | <input type="checkbox"/> St. Paul's Foundation         |
| <input type="checkbox"/> Villa – Assisted Living                       | <input type="checkbox"/> Charitable Gift Annuities     |
| <input type="checkbox"/> McColl Family Health Center (Skilled Nursing) | <input type="checkbox"/> Planning Giving Opportunities |
| <input type="checkbox"/> Respite Services                              | <input type="checkbox"/> Volunteer Opportunities       |
| <input type="checkbox"/> Home Care                                     | <input type="checkbox"/> LUV Membership                |
| <input type="checkbox"/> Senior Day Services                           | <input type="checkbox"/> Hospice Care                  |
| <input type="checkbox"/> Child Care Services                           |  |

**Please send information to:**

Name:  Rev.  Dr.  Mr.  Mrs.  Miss  Other \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Telephone: (     ) \_\_\_\_\_

Please mail this form to: St. Paul's Senior Homes & Services • Marketing and Public Relations  
3/2004 328 Maple Street • San Diego, CA 92103 (619) 239-6900

**CHERYL WILSON INSTALLED AS  
CAHSA BOARD CHAIR**



*Cheryl Wilson the new CAHSA Board Chair is presented flowers by John Fall her mentor and friend.*

On May 5 Cheryl Wilson, CEO of St. Paul's, was installed as the new Board Chair of the California Association of Homes & Services for the Aging at the group's annual meeting in Pasadena.

CAHSA was organized in 1961 and represents its non-profit member organizations in California on matters of public policy, education, and advocacy on aging related issues. Cheryl believes her job of the

Board Chair of CAHSA is to ensure the direction of the association and membership satisfaction while maintaining the focus on quality services for California's Seniors.

Cheryl has been a member of CAHSA since 1978. After joining, she was heavily involved with the local region, then served on, and chaired, Board committees, and eventually joined the Board. Cheryl has served on the CAHSA Board for over 10 years.

She noted, "I want CAHSA to continue its active influence, in public policy on behalf of Seniors, and to mentor caring professionals into the field."

As an executive in long-term care, Cheryl brings to the position her extensive experience as CEO of St. Paul's for the past 14 years and over 25 years serving Seniors in San Diego.

*Tribute & Memorial Gifts*

Received February 3 – June 1, 2004\*

**IN MEMORY OF:**

- Gladys Anthony
- Bremma Bill
- Margaret Brown
- Donald Burton
- Mary Fadem
- Mary Fadem
- Mary Fadem
- Pauline Fisher
- Art Jacobs
- Art Jacobs
- Art Jacobs
- Robert Kellar
- Amy Krulak
- Larkin Margaret
- Andrew Mckeown
- Andrew Mckeown
- Betty & Susan Meyer
- Marie Oliver
- Anna Gwynn Rutherford
- Ruth Schnautz
- John Shattuck
- Lettie Sullivan
- Opal Todd

**DONOR NAME:**

- William Timberlake
- Ed. & Sharon Thomson
- Toni Harris
- John & Elizabeth Johnstone
- Joyce Frye
- LUV
- Rick & Cheryl Wilson
- Toni Harris
- Joan Carroll
- Sharon McColl
- Rick & Cheryl Wilson
- Rick & Cheryl Wilson
- LUV Members
- Rick & Cheryl Wilson
- Mr & Mrs Gamlen
- Rick & Cheryl Wilson
- Howard Meyer, Jr.
- Diane Oliver
- Rick & Cheryl Wilson
- LUV Members
- Jack & Dolores Siegel
- LUV Members
- Terry & Annie Love

**IN HONOR OF:**

- Heathcare & Paliative Care Staff
- McColl Health Center Staff
- Doris Howell
- Norma Riddell
- Charlotte Semans
- Charlotte Semans
- Senior Day Staff
- Dick, Debbie & Pavel Thorn
- All St. Paul's Staff
- All St. Paul's Staff

**DONOR NAME:**

- Mary Shultz
- Mrs. Elizabeth Jessop
- Alice & David Easley
- Norma Cable
- Elsa Morris
- Wendy Brubaker
- Janice Montgomery
- Marilyn Harmon
- Mary Shultz
- Rita Hacherl

**BIRTHDAY HONOR:**

- Brock Ladewig

**DONOR NAME:**

- Susan Stone Hayes

\* If errors or omissions exist, please accept our apologies and call the Foundation Office at (619) 239-6900.

**MISSION STATEMENT:** St. Paul's Senior Homes & Services provides affordable, innovative and comprehensive programs in a secure, interdenominational environment with great value placed on optimal independence at all stages of life.

**VISION STATEMENT:** St. Paul's Senior Homes & Services strive to be the most outstanding and innovative senior homes and services provider in California, dedicated to serving the physical, spiritual, and social needs of the elderly and community, fostering a culture of diversity and inclusion within the highest quality facilities, health care, and programs consistent with affordable costs.

**THE TREE OF LIFE**

"Like a shepherd he tends his flock and gathers the lambs in his arms. Holding them carefully close to his heart, leading them home" (Isaiah 40:11). For almost 20 years the residents and visitors to the McColl Family Health Center have been greeted by the original bronze carving by artist, Sanford Werfel, depicting that passage from the Book of Isaiah. It is a magnificent sculpture of a mighty oak sheltering a shepherd as he tends his lambs. The Tree's branches and leaves offer protection and a peaceful resting place, symbolizing the strength and assurance offered to the families of our community by the Center.

The Tree was given in loving memory of Ellen McDade by her son, Dr. William McDade and his family. Mrs. McDade's residency in both the Manor and the McColl Family Health center truly reflected the mission of St. Paul's. Each leaf of the Tree or a stone at its base recognizes a donor to the Center. Your donation of \$1,000 for a leaf on the Tree or \$10,000 for a stone at its base will enable St. Paul's to continue to provide the exceptional care that has been the Center's hallmark. Adding your name to the Tree of Life is a unique way to commemorate a special person, family or group. Call the Foundation office to determine the kind of gift most suited to your needs.