

St. Paul's Community Connection

A Tri-Annual Publication of St. Paul's Senior Homes & Services a Nonprofit Corporation serving the Manor, Villa, John A. McColl Family Health Center, Community Care Center, Retirement Homes Foundation, and Community Eldercare of San Diego.

Vol. 2, Issue 1

Striving To Be the Most Outstanding and Innovative Senior Homes and Service Provider in California www.stpaulsseniorhomes.org

March, 2004



Diane Ritchey-Andrews, Vice Chair of St. Paul's Board of Directors, shares a holiday toast with Residents.



Anne De Meules, Chair of St. Paul's Board of Directors, shares her seasons greetings with Residents during Annual Holiday Tea.

HOLIDAY TEA ALWAYS A FESTIVE OCCASION

Diane Ritchey- Andrews, chaired this year's annual tea for Residents of St. Paul's facilities. Diane is the Vice Chair of St. Paul's Board of Directors and has served with St. Paul's on various



Cheryl Wilson, St. Paul's C.E.O., directs Residents to their tables as they enter the Waterman Ballroom.

committees for several years. Residents from St. Paul's Manor, Villa and McColl Health Center enjoyed a festive evening that included fine wine, and food prepared by Chef **Doug Edwards** and St. Paul's Dietary Staff. Keeping with St. Paul's holiday tradition, **Dr. Jack Anthony** led Board members, Residents and staff in Christmas carols. Members of the Board of Directors, Board of Trustees, Management and staff served our Residents.

SADLER'S RECEIVE ST. PAUL'S FIRST SERVICE AWARD AT OKTOBERFEST

The Young and The Restless, a subcommittee of St. Paul's Senior Homes & Services to benefit St. Paul's Community Care Center, celebrated Oktoberfest at the historic home of **Robert** and **Marcia Thaxton**. Giving a touch of authenticity to the event was Karl Strauss Breweries that provided the German libations which featured their special Oktoberfest brews. The evening's cuisine catered by **Doug Edwards** and St. Paul's Dietary staff. Mike Jacobs, Executive Director of St. Paul's Retirement Homes Foundation, served as master of ceremonies and presented the St. Paul's Service Award to The Rev. Canon C. Boone Sadler and Mary Maud Sadler. Both received engraved steins and Mary Maud was presented a bouquet of flowers. Canon Boone and Mary Maud Sadler are worthy recipients of the first St. Paul's Service Award. Mary Maud served as Love Uniting Volunteers (LUV) Program Chair from 1993 to 1996 when she was elected president and served in that capacity until June 1999. She then served another three years as Program Chair. Mary Maud has also been a member of many Gala planning committees and presently chairs the Resident Christmas gift committee. Canon Boone conducts evening prayer services in the McColl Health Center and has provided many invocations, blessings and dedications for various events at the different facilities of St. Paul's Senior Homes & Services.



Mike Jacobs, Executive Director of St. Paul's Retirement Homes Foundation recognized Marcia Thaxton, for hosting the event, Mary Maud Sadler and The Rev. Canon C. Boone Sadler, for their dedicated service to St. Paul's Senior Homes & Services.

SSUE

- Update Flyer which includes:Capital Campaign for PACE
- These Santa's Are Truely Saints
- Executive Director Retires
- St. Paul's Villa Celebrates Two Centenarians



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Perspective

As another election year is underway the same concerns that have affected the senior population in past elections surface once again. Historically, it seems that four areas have been involved. First is the topic of health. With this years issue centering on the Medicare prescription drug legislation that was passed at the end of the 2003 Session of the 108th Congress. The second topic is



Cheryl Wilson, CEO

Income Security. The center of this issue is the "privatization" of Social Security - the possibility of allowing people to invest Social Security funds in private investment accounts and the possible reduction of benefits in the future. Third, is Long-Term Care. The sky rocketing costs of long-term care is certainly a problem for seniors who have a critical need for such care, and the service providers who are trying to provide it affordably. Finally, the topic of Community Service. This years emphasis is housing and transportation both important issues that have special significance here in San Diego. As in the past Republicans, Democrats, and Independents alike will debate all of these issues because that is what takes place during an election year. Many different outcomes are possible. What must not be forgotten through all the political rhetoric and resulting legislation are the Seniors whose lives are directly affected.

LUV Is a Many-Splendored Thing



Joyce Frye, LUV Auxiliary President

The LUV Board is enthusiastic about plans for the 2004 Gala to be held August 27 at the Coronado Marriott. The hotel features a large dining room that will ideally accommodate an increased attendance this year. Betty and Jim Brayshay will be the honorees at this party. Lanita Carroll has agreed to chair the event that has an Asian theme entitled "LUV is a Many-Splendored"

Thing". Her committee plans to streamline this year's program by simplifying the live auction for which a wealth of offerings is being arranged by **Marie Tuthill** and **Sharon McColl**.

The LUV membership tea was held on Valentine's Day at the beautiful Mission Hills home of **Marjorie Mitchell**. The past three LUV luncheon programs have dealt with genealogy and personal history. The March program arranged by Ken Davidson, will feature a speaker from the San Diego Zoo recounting the Zoo's history.

Wish List

COMMUNITY CARE CENTER

Power Paper Shreder – \$399.00 • Video Camera - \$300.00 HP 945 Photosmart Camera - \$450.00 HP Photosmart 7760 Printer - \$185.00

ST. PAUL'S MANOR

Wireless Secruity Camera - \$750.00 Security Camera Upgrades for Manor and Villa - \$15,000.00

ST. PAUL'S VILLA

Surround Sound Large Screen T.V. • Chairs - \$150.00 each Floral Arrangements - \$100.00 each • Silk Plants and Trees - \$80.00 each Pictures - \$100.00 each • Mirrors - \$100.00

MISSION STATEMENT: St. Paul's Senior Homes & Services provides affordable, innovative and comprehensive programs in a secure, interdenominational environment with great value placed on optimal independence at all stages of life.

VISION STATEMENT: St. Paul's Senior Homes & Services strive to be the most outstanding and innovative senior homes and services provider in California, dedicated to serving the physical, spiritual, and social needs of the elderly and community, fostering a culture of diversity and inclusion within the highest quality facilities, health care, and programs consistent with affordable costs.

HIGHLIGHTING BOARD MEMBERS

Mrs. Jean Trotter is a new member of the St. Paul's Retirement Homes Foundation Board. She learned about St. Paul's through another board member, Betsy Anthony. Betsy invited Jean to an Interest Luncheon where she was able to tour and learn about St. Paul's services. Jean is a graduate of



Occidental College and had a career as an elementary school teacher. She is a fellow in the San Diego Area Writing Project affiliated with UCSD teaching teachers how to teach writing. She has also received the Excel Award for excellence in teaching. Jean enjoys spending time with her four children and five grandchildren and is married to the Rev. Mark Trotter.

HIGHLIGHTING EMPLOYEES



Cheryl Wilson, C.E.O. and Mary Shultz, Administrator, recognized Alicia Leyva, Fred Talampas and Melina Manalo for their hard work during the recent outstanding Health Center annual survey.

Julia Running, C.O.O.,
Linda Hopkins, Senior Day
Supervisor, and John Scholte,
Administrator, recognized
Ed Davis, Senior Day staff
member for his high quality of
service and detail to safety in
caring for the Seniors in the
Community Care Center
Senior Day Program.



ST. PAUL'S SENIOR HOMES & SERVICES BOARD OF DIRECTORS

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THESE SANTA'S ARE TRUELY SAINTS

This past Christmas, St. Paul's Community Care Center's Intergenerational program had the pleasure of two visits from St. Nick! Santa, alias Art Zamisch, made the first visit. He took the time to pose with each child for a professional picture. He also visited with the Seniors in the Senior Day Program and handed out chocolate coins.

Santa, aka Petty Officer Alexander Manzo made the second visit. He has volunteered to be the Easter bunny and Santa for his squadron's holiday functions. When he heard St. Paul's



Emily Stallman, Child Care Humingbird visits with Santa, aka **Art Zamisch**.

Senior Day was looking for a Santa, he asked his Master Chief if he could borrow the suit to play Santa for St. Paul's. Even though the Intergenerational Christmas Party was during his vacation,



he was still willing to take the time and play the part. The Seniors and Children enjoyed visiting with him as he passed out candy canes to all.

ST. PAUL'S VILLA CELEBRATES TWO CENTENARIANS!

Two Residents recently celebrated their 100th birthdays at St. Paul's Villa. As champagne flowed in the Waterman Ballroom, Vernon Roberson, Villa Administrator, shared a tribute to both Mildred Betteridge and George DiCicco. Family, friends, Residents and staff shared in the celebration that included a large birthday cake and special music.

Mildred
Betteridge is
congratulated by
Villa Resident
Gladys Woodruff
on reaching the
century mark.





George
DiCicco enjoys
the celebration
with his
sister-in-law,
Elizabeth
DiCicco from
St. Paul's
Manor.



Doug Edwards, St. Paul's Dietary Supervisor, shares a cooking demonstration with prospective Residents at St. Paul's Manor 11th Floor LUV Lounge.



John A. McColl Family Health Center Resident, **Bernice Eisen**, enjoys a visit and hug from **Kate Barber** a Busy Bee of St. Paul's Child Care.

A barbershop quartet sings a happy valentine in blended harmony to the enjoyment of St. Paul's Community Care Center Senior Day guests.



Barbara Cooper, along with other veterans from St. Paul's Villa, was honored with a red carnation as all the Residents recited On Flanders Field during Veteran's Day recognition ceremonies.





St. Paul's Child
Care Mighty
Hornets class
enjoyed a picnic
in St. Paul's
Intergenerational
Park with their
parents to
welcome new
teachers.



The Helen
Woodward Center's
K-9 Companion
program is enjoyed
by Ebba
Cappelen,
Resident of the
John A. McColl
Family Health
Center.



Lanita Carroll, LUV Gala Chair, and Joyce Frye, LUV President, present Mike Jacobs, Executive Director of St. Paul's Retirement Homes Foundation with a check from proceeds raised through the 2003 LUV Gala. Last year's Gala raised more than \$48,000 to bring a Program of

All-inclusive Care for the Elderly (PACE) to San Diego.

Lanita Carroll has agreed to Chair the 2004 Gala, which will be held August 27 at the Coronado Marriott. This year's Gala will feature an Asian theme, "LUV Is a Many Splendored Thing." This year's honorees will be **Betty** and **Jim Brayshay**. If you would like more information please call the Foundation at (619) 239-6900.

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|--|--------------------------------|
| I AM INTERESTED IN LEARNING MORE! PLEASE SEND ME BROCHURES AND INFORMATION ON: | |
| □ Manor – Independent Living | ☐ Planned Giving Opportunities |
| □ Villa – Independent Living | ☐ Volunteer Opportunities |
| □ Villa – Assisted Living | □ Respite Care |
| ☐ McColl Family Health Center (Skilled Nursing) | ☐ Hospice Care |
| □ Home Care | ☐ Senior Day Services |
| ☐ St. Paul's Foundation | ☐ Child Care Services |
| ☐ Charitable Gift Annuities | □ LUV Membership |
| Please send information to: Name: □ Rev. □ Dr. □ Mr. □ Mrs. □ Miss □ Other | |
| AddressCity/State/Zip: | |
| Telephone: | |
| Please mail this form to: St. Paul's Senior Homes & Services • Marketing and Public Relations 328 Maple Street • San Diego, CA 92103 (619) 239-6900 3/2004 | |

LEGISLATIVE BREAKFAST

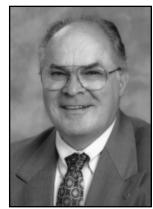
St. Paul's Senior Homes & Services held its annual Legislative Breakfast in the Waterman Ballroom at St. Paul's Villa. This year's guest speaker was Alayna Waldrum, Esq. from the California Association of Homes and Services for the Aging (CAHSA).



Congresswomen
Susan Davis joined
Cheryl Wilson,
St. Paul's C.E.O., at
St. Paul's Legislative
Breakfast.

EXECUTIVE DIRECTOR RETIRES

The Rev. Dr. Michael T. Jacobs, Executive Director of St. Paul's Retirement Homes Foundation for the past four years, is retiring from his position. He and his wife, Jan, have sold their home in Escondido, and have purchased a home in Bend, OR. Mike's retirement will not end his affiliation with St. Paul's. He has



been named Planned Giving Director, and will be traveling to San Diego four days each month to assist St. Paul's. His new duties will focus on assisting Residents and friends of St. Paul's with planned gifts and their estate plans. Mike is grateful for the past four years with St. Paul's, and firmly believes that "The Best Days Are Still Ahead."

Tribute & Memorial Grifts

Received October, 2003 – February, 2004*

IN MEMORY OF:

Kathryn Acker Thyrza Anderson Neil H. Baxley Margaret Cleo Blaylock **Reginald Carlson** Alice Carne **Arthur Dennis Day** Marie A. Dirgin Allen Hill Mary Hochmuth Anne T. Homen Irma Howard Wentworth Kilgore William Manly John McColl -Leadership Prayer Breakfast

Betty Meyer Marie Richmond

John McColl

DONOR NAME:

Clarence & Marion Rupert Jean Coughlin John & Elizabeth Johnstone Albert J. Blaylock Donald, Lesley Ann & Diane Carlson **Robert Carne** George Day Ruth Durgin Cannon Edward & Sharon Thomson Roberta Sawyer Andrew & Janice Girard Helen Dick Jerry & Barbara Fitzsimmons John & Barbara Allen Russell L. Silverman Stuart Dadmum Stephen & Stephanie Williams Sharon McColl Mr. & Mrs. James Weisler Robert I. Rentto **Edith Byers Roberts Howard Meyer** Douglas and Kellie Whited The Rt. Rev. Robert Wolterstorff

IN MEMORY OF:

The Rt. Rev. Harold B. Robinson

Zellah Ryan Grace Sainick Charlotte Semans Walter S. Stewart Richard Tuthill Helen Wolterstorff Dee Zeigler

IN HONOR OF:

Betty Defriend Doris Howell's Birthday Elizabeth Jessop **Ruth Kendrick** Mike Kilman's Birthday Elizabeth Lackie Jean Ladis Dr. William & Barbara McColl 50th Anniversary Sue Owens Zachary Stedmen Mr. & Mrs. Thorn & Pavel **Tuggey Family** Cheryl Wilson

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Marilyn B. Harmon
Robert & Carol Tuggey
Ammon & Lee Ben-Yehuda
Frank Ruggeri

* If errors or omissions exist, please accept our apologies and call the Foundation Office at (619) 239-6900.

William & Sharon Ingram

Larry & Cheryl Andrews

Donald & Alison Carlson

Peter & Gerri Lewis

Marzette Woods