



Founded 1960

St. Paul's Community Connection

A Tri-Annual Publication of St. Paul's Senior Homes & Services a Nonprofit Corporation serving the Manor, Villa, John A. McColl Family Health Center, Community Care Center, Retirement Homes Foundation, and Community Eldercare of San Diego.

Vol. 2, Issue 1

Striving To Be the Most Outstanding and Innovative Senior Homes and Service Provider in California


March, 2003

www.stpaulseniorhomes.org

ST. PAUL'S ACQUIRES NEW BUILDING




The new building will serve seniors as a PACE site.

St. Paul's Senior Homes & Services recently purchased a building on 239 Laurel Street with plans to use it as a PACE (Program of All-Inclusive Care for the Elderly) site. The building will ultimately serve as a site for the PACE Adult Day Health Care Center and clinic offices. Community Eldercare of San Diego, a St. Paul's subsidiary, plans to begin program operations during the 2004-2005 calendar year. CESD intends to integrate the outstanding 40-year tradition and services of St. Paul's with community resources to provide the best in quality care to San Diego seniors. 

ANNUAL HOLIDAY TEA AT THE VILLA



Dr. Donovan Myers and Anne De Meules, Board Chair-elect, greet Residents at the Holiday Board Tea.

At the annual Holiday Board Tea, Residents were treated to magnificent holiday cuisine in the Waterman Ballroom. The mood was as festive as the decorations were, and Board Members happily served our Residents tea and fine holiday fare. 



Rick Lorah serves tea to Residents.




Russell Kirbey chats with Residents.

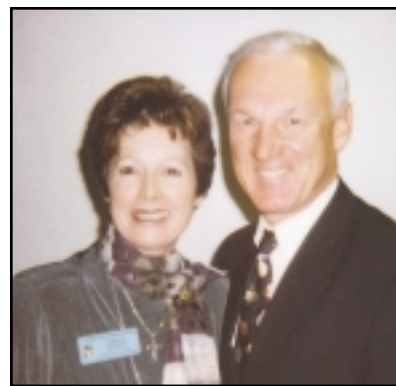
POINT LOMA ROTARY ENTERTAINS RESIDENTS



Dick Thorn and the Point Loma Rotary delight Residents with music.


Continuing a holiday tradition that Residents anticipate every year, Dick Thorn brought the Point Loma Rotary to sing holiday songs and to spend time with Residents of the St. Paul's Manor and the John A. McColl Health Care Center. The joy of the season was truly enjoyed by all. 

ANNUAL PACE LEGISLATIVE BREAKFAST



Cheryl Wilson, CEO, and Supervisor Ron Roberts.


Supervisor Ron Roberts was among the many legislators attending the PACE (Program of All-Inclusive Care for the Elderly) Legislative Breakfast on December 6, 2002 in the St. Paul's Villa Waterman Ballroom. Legislators from all over San Diego came to learn about the PACE program, its role in providing care to San Diego's seniors, and how they could be a part of the growing program. Speakers addressed issues such as the lack of housing and funding for seniors.

Plaques and certificates were presented to many legislators in honor of their vital support of PACE and its mission of providing quality care for all seniors. 

 Save the Date 
FOR MORE DETAILS CALL (619) 239-6900

LUV'S 19TH ANNUAL GALA

September 19, 2003

"Oh, Wouldn't it be LUVerly!" 

IN THIS ISSUE

Employee Excellence ■ NFL Players Visit ■ Why The Foundation Exists ■ The Joy of Volunteering



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HIGHLIGHTING BOARD MEMBERS



Anne De Meules

After serving previously as Vice Chair on St. Paul's Senior Homes & Services Board of Directors, **Anne De Meules** will be the first woman ever to serve as Chair of the Board. Anne brings with her to the position a long and experienced history with St. Paul's, having first joined the Operating Board in 1997. She received her bachelor's degree at San Diego State University in sociology and her master's degree in social work. Up until her retirement, Anne was a Licensed

Clinical Social Worker and served as Director of the San Diego County Ombudsman Program and Coordinator of County Mental Health Senior Services. She has also co-founded the Alliance of Aging and Mental Health Professionals and has received a number of honors and awards related to health care and women in government. Anne is married to Dr. Donovan Myers and together they have four children, as well as many grandchildren, and even great grandchildren. She greatly enjoys being a vital part of St. Paul's because of the rewarding work involved in serving seniors. 

HIGHLIGHTING EMPLOYEES



Sally Jones, RN, John Scholte, NaTasha Bailey, and Marcie Jones are all recently promoted employees.



Armida Munoz, Doug Edwards, and Lynn Rudolph were recognized for outstanding work during the recent survey.



Mary Shultz, RN, received the Administrator of the Year award from the San Diego Activity Professionals during National Activity Week.



Mission Statement



St. Paul's Senior Homes & Services provides affordable, innovative and comprehensive programs in a secure, interdenominational environment with great value placed on optimal independence at all stages of life.

Vision Statement

St. Paul's Senior Homes & Services strives to be the most outstanding and innovative senior homes and services provider in California, dedicated to serving the physical, spiritual, and social needs of the elderly and community, fostering a culture of diversity and inclusion within the highest quality facilities, health care, and programs consistent with affordable costs.


Perspective

There are four basic necessities for seniors in our community that if not met, would be a detriment to their quality of life. They consist of food, clothing, housing, and health care.

Unfortunately, it seems the cost for each one of these basic necessities is spiraling out of control. When you combine these growing costs with the present down turn in the economy there is an ever-increasing gap between the basic needs of life and what seniors have available to meet those needs.

While these concerns are being debated in the political arena St. Paul's Senior Homes & Services has proactively worked to address them for our Residents who live in our facilities or who use our services. Through the generosity of many donors, and an anonymous "angel" donor, in our community we have been able to develop four separate funds to assist Residents who run out of funds after living at St. Paul's for an extended period of time.

The Mr. and Mrs. John Richard Shattuck Fund enables low and modest income Residents to receive assistance with housing costs, care and services, or special needs for which they would otherwise be unable to pay. The Resource Foundation Trust enables low and modest income residents to receive the care and services offered in St. Paul's John A McColl Family Health Center. The Personal Services Unit (PSU) Resource Trust subsidizes low and modest income Residents to receive the care and services offered in the Sefton Center for Personal Services at St. Paul's Villa. The Resource Scholarship Fund subsidizes care for those who have a need and qualify in the Community Care Center's Senior Day Care Program.

It may be some time until we see any progress in the crisis of health care and housing in San Diego, however St. Paul's is fortunate not to have to compromise quality care because of our compassionate donors who have responded to the growing need. 



Cheryl Wilson,
CEO

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NFL PLAYERS VISIT THE MHCC



Health Care Center Residents wear Super Bowl XXXVII hats autographed by visiting NFL players.

St. Paul's McColl Health Care Center was invited to host some NFL players during Super Bowl week in San Diego. On January 20th, **Terry Jackson** (San Francisco 49ers), **Henri Crocket** (Minnesota Vikings), **Will Demps** (Baltimore Ravens), and **Earl Little** (Cleveland Browns) came to play bingo and trivia, and to have lunch with some Residents of our St. Paul's community. Everyone thoroughly enjoyed the fun day. 



Terry Jackson of the San Francisco 49ers plays bingo with Residents of the Health Care Center.

Why does the Foundation exist?



Mike Jacobs,
Foundation
Director


Over the past three years, I have had Residents, and others, ask me, "Why does the Foundation exist? What does it do?" Here is an answer to that question—maybe it has been your question. The St. Paul's Retirement Homes Foundation exists to do three things.

First, it exists to raise charitable gifts from individuals and foundations for repair and replacement projects at St. Paul's Manor, St. Paul's Villa, the John A. McColl Health Care Center, and the Community Care Center. This fund raising for special projects has been going on for more than 40 years at St. Paul's. The only Repair and Replacement Fund that we have at St. Paul's is the small fund that is required by HUD, and is only for St. Paul's Manor. Other than that small fund, all repair and replacement projects at St. Paul's have been covered by fund raising over the years.

Since our Residents do not have to pay for these projects as part of their rent, their rental rates are much lower than they would be otherwise. This is one of the ways that St. Paul's acts out its commitment to maintain the most affordable rates of any retirement facility in San Diego. More than two years ago, our Chief Financial Officer estimated that if our Residents were charged for the Repair and Replacement fund raising that is provided by the Foundation, it would add \$150 to \$200 a month to every Resident's rental rate.

Second, the Foundation exists to raise charitable gifts to provide benevolent care support for those Residents whose incomes will no longer cover the full-costs of their care. The majority of our present benevolent care cases are Residents in the McColl Family Health Care Center. But we know that the number receiving benevolent care will increase in the future. Therefore, we will continually strive to increase our available benevolent care funds.

Third, the Foundation exists to raise charitable funds for future needs, through capital campaigns and through securing gifts and grants that support a variety of programs, and services at St. Paul's. It is also important for us to build our endowment to support these future needs, programs and services. Our endowment grows because of friends who have remembered St. Paul's in their will, their trust or in their planned gift (Charitable Gift Annuity or Charitable Remainder Trust).

In short, there is a great commitment on the part of the Operating Board, the Foundation Board, and staff, that we will maintain the most affordable rates possible for our Residents, now and for the future. That is why the Foundation exists. 

DINING ROOM DEDICATED



Kathryn Bunch-Hoyecki, Jim Van Vugt, Randy Truax, Lanita Carroll, Rev. Tally Jarrett, and Joyce Frye all helped in the dedication of the dining room in the Sefton Center for Personal Services in August 2002.



Joyce Frye, LUV President, Residents, and other guests attend the LUV Valentine Tea on Valentine's Day at the beautiful home of Marjorie Mitchell.



Pyxis Corporation employees and their families had a picnic lunch at St. Paul's Park on September 21, 2002 with McColl Health Center Residents as part of the Hands-On San Diego Program.



Cheryl Wilson, CEO and Ed Thomson, CFO honor Dale Flournoy, Deputy Director of the Cal-Mortgage Loan Guarantee Program in Sacramento in September 2002 for his years of dedication to San Diego seniors.

CHRISTMAS CHEER AT ST. PAUL'S



St. Paul's Senior Homes & Services employees, Adult Day Seniors, and children from Child Care gathered on December 20, 2002 for a fun-filled afternoon at the annual Christmas Party/Pot Luck held at St. Paul's Community Cafe. The jolly celebration included refreshments and a potluck meal, Christmas sing-a-longs, Christmas carol performances by the children, and even a special surprise visit from the North Pole by Santa Claus.

VOLUNTEERING IS FUN AND SATISFYING

"We make a living by what we get. We make a life by what we give."

-Sir Winston Churchill

The message from President Bush, "Heal the world, be a volunteer," has had an impact on our community. The 'hands on' volunteer program for St. Paul's has grown in leaps and bounds with more and more people taking part. We have people of all ages offering a wide variety of skills. This army dedicates hours of effort into activities, classes, visiting and driving seniors and helping with the administration or housekeeping. When you come into any one of our facilities you are likely to run into more people proudly wearing a staff badge with the added word "Volunteer."


We have a number of new programs that have recently started. One of our more noticeable ones is a convenience shop, open every Friday afternoon in the Manor reception area. Running it we have Tommie Bartlett, our "savvy shopper," an expert at buying goods at low prices, then passing the savings on to our Manor Residents.

At the Villa we are building a team of volunteers who are welcoming new Residents. We also have a computer savvy young man joining the volunteer team.

He will help residents deal with the new technology of Email as well as computers, an area where more and more of our intrepid Residents are venturing! Our sewing lady Karen Unger, another new member in our team, is undertaking completing repairs for residents who have problems keeping up with the buttons that come off clothes with unfailing regularity.

In April, we will have a team of families coming in on Family Volunteer Day. They will be interviewing willing Residents in The Villa PSU and taking down their oral histories so we can preserve them for others to enjoy in our libraries, as well as passing them on to their families.

The more volunteers we have supporting St Paul's programs, the more we can enhance the services we are providing the seniors. Our most pressing need is for drivers. If you are interested in volunteering and have a clean driving record, along with three hours a week to spare, call Carol 619-239-6900.

Try it, it's fun, and you'll meet some really interesting people. 

Loving Hearts Wine Fest

WINE TASTING & SILENT WINE AUCTION



Saturday, May 17, 2003

4:00-7:00 p.m.

in the Home and Garden of
Mrs. Audrey Burnier

RSVP: 619-239-6900

A presentation of the second
'Loving Hearts Award'
from St. Paul's Retirement Homes
Foundation will be made to
Carol and Pat Ford



I AM INTERESTED IN LEARNING MORE!
PLEASE SEND ME BROCHURES AND INFORMATION ON:

- | | |
|------------------------------------------------------------------------|--------------------------------------------------------|
| <input type="checkbox"/> Manor – Independent Living | <input type="checkbox"/> Child Care Services |
| <input type="checkbox"/> Villa – Assisted Living | <input type="checkbox"/> LUV Membership |
| <input type="checkbox"/> McColl Family Health Center (Skilled Nursing) | <input type="checkbox"/> St. Paul's Foundation |
| <input type="checkbox"/> Home Care | <input type="checkbox"/> Planning Giving Opportunities |
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| <input type="checkbox"/> Senior Day Services | |

Please send information to:

Name: Rev. Dr. Mr. Mrs. Miss Other _____

Address _____

City/State/Zip: _____

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Please mail this form to: St. Paul's Senior Homes & Services • Marketing and Public Relations
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Tribute & Memorial Gifts

October 23, 2002 – Received February 5, 2003*

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* If errors or omissions exist, please accept our apologies and call the Foundation Office at (619) 239-6900.