



Founded 1960

# St. Paul's Community Connection

A Tri-Annual Publication of St. Paul's Senior Homes & Services a Nonprofit Corporation serving the Manor, Villa, John A. McColl Family Health Center, Community Care Center, Retirement Homes Foundation, and Community Eldercare of San Diego.

Vol. 1, Issue 1

Striving To Be the Most Outstanding and Innovative Senior Homes and Service Provider in California

August, 2002

[www.stpaulseniorhomes.org](http://www.stpaulseniorhomes.org)

## ST. PAUL'S AND SAN DIEGO HOSPICE JOIN FORCES AT MCCOLL CENTER



**Jane Cetti, San Diego Hospice C.E.O. and Cheryl Wilson St. Paul's C.E.O. dedicate a plaque to the recent collaborative effort with their respective staff.**

St. Paul's and San Diego Hospice came together recently in a collaborative effort to provide a quality palliative care program for hospice patients. The similarities between San Diego Hospice and St. Paul's include a community-based ideal of service and commitment to quality of life, and both agencies are non-profit mission driven organizations, working to provide the utmost comfort and care for those they serve.



**Michael McHale, San Diego Hospice and Debbie Wilkinson, McColl Center Director of Nursing.**

"We needed to find a facility that met our needs," said **Michael McHale**, Director of Business Development at San Diego Hospice. "We chose St. Paul's because it is committed to quality Resident care and is recognized for their *mission* in providing quality to those they serve."

Teams of doctors, nurses, and social workers meet weekly to discuss and communicate about their patients' care. **Mary Shultz**, Administrator at the John A. McColl Family Health Center, and **Peggy Lee**, Director of the Inpatient Care Center at San Diego Hospice, communicate at least two to three times a week regarding the hospice program.

"We work together to solve any problems that come up," Mary said. "But there are no big problems because we communicate often."

## SAN DIEGO ILLUSTRATOR RECEIVES "HEART OF LOVE"

There is a different kind of Zoo Keeper in San Diego whose animals have been making people happy for over 33 years. You won't find her at the San Diego Zoo, and her animals don't roam the range. **Suzy Spafford**, founder and illustrator of Suzy's Zoo, whose whimsical characters have graced greeting cards, stationary, arts and crafts, and other paper and gift items, was recognized for the joy she has given both children and adults. St. Paul's Senior Homes & Services gave Suzy the first annual **Heart of Love Award** at St. Paul's Intergenerational Day Care Program Park. Suzy introduced some new characters she created which will be coming on the market soon, drew some illustrations, and was available for book signings.



**Suzy Spafford illustrates one of her favorite characters for St. Paul's.**



**Suzy Spafford reads to the children of St. Paul's Child Care Program in St. Paul's Community Care Center.**

Besides the frequent communication between physicians, nurses, and administrators from both organizations, the dieticians, pharmacists, and social workers from both agencies also coordinate. In addition, some St. Paul's Residents volunteer to help in the hospice program, too. Thus, Hospice patients at St. Paul's receive the best care possible with the integrated model of care from San Diego Hospice and quality of life mission at St. Paul's.

The joint efforts of both organizations combine the key goals of the program perfectly: "Combining the best skills of both organizations to prevent and relieve suffering and improve quality of life."



St. Paul's Senior Homes & Services  
328 Maple Street  
San Diego, CA 92103

Return Service Requested



EQUAL HOUSING OPPORTUNITY



AMERICAN ASSOCIATION OF HOMES AND SERVICES FOR THE AGING




Non-Profit Org.  
U.S. Postage  
**PAID**  
Permit No. 435  
San Diego, CA




## HIGHLIGHTING BOARD MEMBERS



New or returning trustees of the St. Paul's Retirement Homes Foundation include **Mr. Bill McColl**, a financial planner with UBS Paine-Webber, who joined the board based on the lifelong interest that his mother and father held in St. Paul's. He is married to **Sandra** and has three children. **Rev. Tally Jarrett** is a retired Episcopal priest, and an avid supporter of St. Paul's since its founding over 40 years ago. He was rector at St. Peter's in Del Mar for 18 years. Rev. Jarrett is married and has two children and three grandchildren. **Maurice Watson, Esq.** has had a long history with the Foundation Board. In fact, he was actually on the board when it was first established and now returns to serve again. Mr. Watson is a retired lawyer and had his own practice. He is married and has two children and one granddaughter. **Col. William Dick** has long been involved with St. Paul's from its affiliation with the Episcopal Diocese of San Diego. In the past, Col. Dick was involved with St. Paul's Operating Board before becoming a new trustee of the Foundation Board. 

## HIGHLIGHTING EMPLOYEES



**Norris Tryon**, St. Paul's Housekeeping Supervisor, is congratulated by **Raymond Kruszona**, Facilities Manager, **Dan Johnson**, St. Paul's C.O.O. and **Mary Shultz**, Manor Administrator, for reaching the 25th year milestone. The Residents and staff, all of whom appreciated Norris' many years of service, enjoyed the celebration in honor of this significant accomplishment. "It has been a wonderful 25 years. I love working at St. Paul's, and I look forward to many more," Norris said. Norris was also recognized by the California Association of Homes & Services for the Aging as a "Silver Star" at their annual conference in May. 




**Anna Orozco**, McColl Family Health Center Laundry, and **Ben Calas**, Housekeeping, received one day off with pay and the congratulations of **Cheryl Wilson**, St. Paul's C.E.O. and **Mary Shultz**, Manor Administrator, for outstanding work during the recent federal survey.

## Perspective

If there is anything positive that could come out of the recent corporate scandals and corruption it is the renewed dialogue on ethical behavior in the market place. All too often the presumption has been that strong character and unshakable moral principles were not a prerequisite to successful business. However, these past few months have demonstrated that ethical clarity and moral certitude are essential if free market economics is going to work.



**Cheryl Wilson,**  
CEO

Faith-based corporations may have a leg up on those who are profit driven when it comes to the applied rules of ethics. Not because there are no "rotten apples" in non-profits, but simply because they have an inherent ethical base from which to draw. Faith-based non-profits not only have the language of ethics, with which they are already familiar, they have time tested principles unbiased towards politics, position, or wealth. Of course, I am speaking about the biblical ethic and the freedom to discuss, implement, and hold people accountable to its standard. For those of us in the human services, these principles are even more important in how we conduct our business; the caring for people. The highest of moral and ethical standards should be modeled by the leadership, and imbued to those on the front lines of service, where character truly counts. Corruption and scandal are possible in any arena, but where ethical dialogue takes place, and ethical behavior is expected, there are greater possibilities for business success. 

As you may have noticed St. Paul's Community Connection has received a new look. We hope you will appreciate the larger print and photographs and the newspaper style. It is now being issued on a tri-annual basis.

### ST. PAUL'S SENIOR HOMES & SERVICES BOARD OF DIRECTORS

Jack Lentz, *Acting President*  
Rick Lorah, *Chair*

Anne De Meules, <i>Vice Chair</i>	Janet Lahodny
Winfred Knapp, <i>Treasurer</i>	James Brayshay
Cheryl Wilson, C.E.O., <i>Secretary</i>	Annie Love
John Witt, <i>Asst. Secretary</i>	Russell Kirbey
Phil del Campo, PhD	Diane Shepherd
Barbara France	Mark McMahan
Doris Howell, MD	Jack Carpenter
Rev. Barnabas Hunt	Diana Venable
Rev. Andrew Rank	Paul Zeigler, D.D.S.

### MEDICAL DIRECTORS

John Berger, M.D. Dennis Ehrlich, M.D. Amy Stenback, M.D.

### ST. PAUL'S RETIREMENT HOMES FOUNDATION OFFICERS AND TRUSTEES

Randy Truax, *Chair*

William McLaurin, <i>Vice Chair</i>	Col. William Dick
Jack Damson, <i>Treasurer</i>	Thomas Peek
William McColl	Patricia DeMarce
Betsy Anthony	Rev. Tally Jarrett
Kirk Jackson	Maurice Watson
Jean Trotter	Joyce Frye,
Susan Stone-Hayes	<i>LUV Auxiliary President</i>
Cheryl Wilson, C.E.O., <i>Secretary</i>	

Rev. Dr. Michael Jacobs, *Executive Director*  
Thomas Sefton, *Trustee Emeritus*  
Rt. Rev. Robert Wolterstorff, *Trustee Emeritus*

### COMMUNITY ELDERCARE OF SAN DIEGO BOARD MEMBERS

Pat Ford, *Chair*

Alan Talbott, Esq., <i>Vice Chair</i>	Eric Gardiner
Roger Bailey, PhD, <i>Secretary</i>	Janet Klauber
Ed Thomson, CPA, <i>Treasurer</i>	Mike McHale
Dennis Mesnick	Dennis Ehrlich, M.D. <i>Medical Director</i>



## JULY 4TH CELEBRATED IN GRAND FASHION BY LUV



**Michael Wilson**, St. Paul's Child Care Busy Bee, shows **Cheryl Wilson**, St. Paul's C.E.O., how to get every last drop of ice cream, at the Luv Ice Cream Social.



Parents, staff, and Seniors celebrated the graduation of **Cameron Taylor**, **Stuart McKay**, **Zyanya Hermandz**, **Kiara Dillion**, **Kendall Cooper**, and **Hunter Bennett** from St. Paul's Child Care Program.



St. Paul's Manor follows the John A. McColl Family Health Center and the Community Care Center in undergoing a new paint job.



**Billy Watkins**, Manor Resident, celebrates the 4th of July at the LUV Ice Cream Social by leading the Child Care Children in a dance.



## EASTER PARADE

Greeting Residents in their Easter Finery are Manor Residents **Elizabeth Jones**, **Rita Hartman**, **Emilee Runyon**, and **Norma Riddell**.

**Marcia Thaxton**, Ice Cream Social Chair for Love Uniting Volunteers serves Manor Residents at the annual Ice Cream Social.



Villa shares the Passover with **Rabbi Cunin**.

## MANOR RESIDENT ESTABLISHES CHARITABLE GIFT ANNUITY

**Norma Riddell**, President of the Manor Resident Association has established a Charitable Gift Annuity that will provide her with an income for the rest of her life. Upon her death it will benefit the St. Paul's Senior Homes & Services, and All Souls Parish, where she has been a member for many years.

**Rev. Dr. Michael Jacobs**, Executive Director of the St. Paul's Retirement Homes Foundation, interviewed her for this article.

**MJ:** "Norma, what interested you in a Charitable Gift Annuity?"

**Norma:** "I never have had a lot of money. It seemed like a way of helping myself and the Foundation. It is nice to be able to give a little of what I have."

**MJ:** "Was there a reason that you did this now?"

**Norma:** "With interest rates so low, I can use a little more income. This will help me do some of the things that I haven't done in a while. And with more income, it will help me have a little fun as well."

**MJ:** "Is there anything that you would like to say to other friends or Residents of St. Paul's?"

**Norma:** "I hope by my taking this step, that it might encourage others to do the same. It is easy to think we have to be rich to give. I don't think that is true. It is a win-win situation as far as I am concerned."




**Norma Riddell**, Manor Resident, with **The Rev. Dr. Michael Jacobs**, Foundation Director.

A Charitable Gift Annuity is an extra-ordinary way to make a gift, increase your income and reduce your tax bill—all at the same time. A Charitable Gift Annuity is a contract in which you exchange a gift of cash or securities for a guaranteed, fixed income each year for the rest of your life. A gift annuity offers five distinct advantages:

- ◆ Income For Life—at attractive payout rates for one or two lives;
- ◆ Tax Deduction Savings—a large part of what you transfer is a deductible charitable gift;
- ◆ Tax-Free Income—a large part of your annual payment is tax-free return of principal;
- ◆ Capital Gains Tax Savings—when you contribute securities for a gift annuity, you minimize any taxes on your gain;
- ◆ Personal Satisfaction—from making a gift of lasting significance

Gift annuity rates are determined by the age of the person or persons who receive the income payments. The following are examples of single-life rates: age 80—8.9%; age 82—9.4%; age 84—10.1%; age 86—10.8%; age 88—11.4%; age 90 or over—12.0%.

For further information, and a personal, confidential illustration of how a Charitable Gift Annuity could work for you, contact **The Rev. Dr. Michael Jacobs**, Executive Director of the Foundation at 619-239-6900, ext. 3014. 



## CONGRESSWOMAN SUSAN DAVIS ANNOUNCES LONG TERM CARE BILL

The John A. McColl Family Health Center was recently the host for a press conference by Congresswoman Susan Davis. The Representative announced the introduction of the Long Term Care Support and Incentive Act. This bill would provide tax credit for individuals with long term care needs and their caregivers, create a tax deduction for long term care insurance premiums, and enhance consumer protection for long term care insurance policies.

**Thelma Brown,**  
Resident of the  
John A. McColl  
Family Health  
Center, with  
Congresswoman  
Susan Davis.



**I AM INTERESTED IN LEARNING MORE!  
PLEASE SEND ME BROCHURES AND INFORMATION ON:**

- |  |  |
|--|--|
| <input type="checkbox"/> Manor – Independent Living                    | <input type="checkbox"/> Planning Giving Opportunities |
| <input type="checkbox"/> Villa – Independent Living                    | <input type="checkbox"/> Volunteer Opportunities       |
| <input type="checkbox"/> Villa – Assisted Living                       | <input type="checkbox"/> Respite Care                  |
| <input type="checkbox"/> McColl Family Health Center (Skilled Nursing) | <input type="checkbox"/> Hospice Care                  |
| <input type="checkbox"/> Home Care                                     | <input type="checkbox"/> Senior Day Services           |
| <input type="checkbox"/> St. Paul's Foundation                         | <input type="checkbox"/> Child Care Services           |
| <input type="checkbox"/> Charitable Gift Annuities                     |  |

Please send information to:

Name:  Rev.  Dr.  Mr.  Mrs.  Miss  Other \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Telephone: (     ) \_\_\_\_\_

Please mail this form to: St. Paul's Senior Homes & Services • Marketing and Public Relations  
8/2002 328 Maple Street • San Diego, CA 92103 (619) 239-6900



*St. Paul's Child Care Mighty Hornets were treated to a day at the San Diego Zoo through the generosity of Jack Damson, Past Chair of St. Paul's Retirement Homes Foundation.*

## Tribute & Memorial Gifts

Received February 5, 2002 – July 14, 2002\*

### IN MEMORY OF:

JANET AYARS

MARGARET C. AIRHART  
FRANK E. ADAMS  
KATHERINE BARNES  
MARY BURCHAM  
AVON KING BURKE

DR. ANDRÉ BURNIER

WILLIAM J. CASTEEL  
TECH. SGT. SEAN CORLEW

### DONOR NAME:

Patricia Atwater  
Charles & Christine Auten, Jr.  
Calif State Univ, Hayward Foundation, Inc.  
Mr. & Mrs. Henry DeAngelis  
Patricia Doerr  
Thomas & Julia Falk  
James & Patricia Gault  
Bruce G. Gray  
Alfred & Catherine Hart  
Cornelia Ing & Judith Benson  
Lorraine Jaeger  
Dan & Heidi Keifer  
James & Jane King  
Dr. & Mrs. William Rawlings  
Joan B. Reed  
Lee & Suzanne Stidham  
Petra Weflen  
Rick & Cheryl Wilson  
Zoa W. Winter  
Joanna Wade Airhart  
Lt. Col. Vernon & Catherine Schafer  
Janet R. Eberman  
Eleanor B. Herzman  
Alberta J. Dewart  
Raymond & Mary Jane Valenta  
Jack & Betsy Anthony  
Carol Barker  
Ruth Bobbitt  
Joyce C. Frye  
Laury S. Graves  
Paula Landale  
Sharon L. McColl  
Charles P.P. Schmitt  
Robert M. Thomas Jr.  
James & Rachel Ware  
Rick & Cheryl Wilson  
Lt. Col. Vernon & Catherine Schafer  
Rick & Cheryl Wilson

### IN MEMORY OF:

SHIRLEY COX  
LEE CRIMMONS  
REV. MATTHEW A. CURRY  
EVELYN FREDERICK  
KATHRYN "BETTY" GARY  
JOHN GROH  
JUDSON GROSVENOR  
FREDALINE HARTZEL  
GEORGE MacCALLUM  
JOHN McCOLL  
MARY JANE McARTHUR  
MARY McHALE  
DR. GEORGE MERCHANT

OSCAR & WILMOTH NYBERG  
WILMOTH NYBERG  
MAE ARNOLD PENN  
MARY PITNEY  
MAXINE PYLE

### IN HONOR OF:

EUGENE FRANGER  
NORMA RIDDELL  
MARY SCHULTZ

### IN RECOGNITION OF THEIR

**50th WEDDING ANNIVERSARY:**  
THOMAS & ELLEN PEEK

### IN RECOGNITION OF

**ST. PAUL'S FOUNDATION STAFF:** Jack E. Damson

**IN RECOGNITION OF  
GLADYS WOODRUFF:**

### DONOR NAME:

Lt. Col. Vernon & Catherine Schafer  
James & Constance Dillon  
Evelyn Curry  
Dan & Marilyn Smith  
Gary Family  
Limbach Family Trust  
Sharon McColl  
Eleanor Herzman  
Lois Matthews  
Richard & Marie Tuthill  
Janet R. Eberman  
James & Constance Dillon  
Ernest "Put" & Elizabeth Ann Clark  
William & Carol McDale  
James & Constance Dillon  
David P. Falck  
Nyberg Family Trust  
Love Uniting Volunteers (LUV)  
Barbara Cooper  
Lt. Col. Vernon & Catherine Schafer  
William McDade  
Emilie Runyon

### DONOR NAME:

Kay & Ruth Franger  
Norma "Torri" Cable  
Michael McHale

### DONOR:

Thomas Peek  
Mary LaVon Skinker  
Rick & Cheryl Wilson

James H. Woodruff

\* If errors or omissions exist, please accept our apologies and call the Foundation Office at (619) 239-6900.