



Founded 1960

St. Paul's Community Connection

A Quarterly Publication of St. Paul's Senior Homes & Services, a Nonprofit Corporation serving the Manor, Villa, John A. McColl Family Health Center, Community Care Center & Retirement Homes Foundation.

Vol. V, Issue I

In Service to Seniors • Of Benefit to the Community

Winter 2000


www.stpaulseniorhomes.org



CHRISTMAS MEMORIES FROM RESIDENTS AND STAFF




**Robert and Esther
Shotwell**

The Christmas memory that comes to mind for Villa Residents, **Robert and Esther Shotwell**, begins before the holiday season even gets underway. It was Friday the 13th October 1944, the day they were married. Both were in the service that year, Esther was a quartermaster, and Robert was a medic. They were both stationed at Fort Sam Houston in Texas, and their wedding had to be moved up because Robert was being shipped out to France sooner than expected. This meant that they would not be able to spend their first Christmas together as newlyweds. However, the disappointment was soon forgotten when Robert's ship was torpedoed and sunk on the way to France. Needless to say Robert was rescued and, although all of his Christmas presents went down with the ship, he was still alive and able to correspond with Esther for the next two years until they could celebrate Christmas together at war's end. 




Margaret Smith

Margaret Smith, a St. Paul's Manor Resident, was born in Juno, Alaska in a home built over the tide flats by her father and mother. They moved in when she was 1 year old and she enjoyed many family Christmases together by the giant fireplace built from the stones cleared off her parents land. Each Christmas her parents would hang stockings on the fireplace mantel with a special treat, some fruit, which in Juno, had to be brought in by plane. 

Christmas memories continued on page 3




**The Very Rev. Harold
Lemoine**

Enjoying the Christmas Mass was the first thought of **The Very Reverend Harold Lemoine**, a Resident of the John A. McColl Family Health Center. The Christmas Eve Midnight Service was another special time because it was always heartfelt. After some further reflection Dean Lemoine reminisced about his favorite Christmases as a youngster. When he would wake up on Christmas morning, sit around the Christmas tree with his father, mother and sister and open gifts. Then his mother would be busy in the kitchen cooking a delicious Christmas meal. Later they would sing Christmas carols. 



ST. PAUL'S 40TH ANNIVERSARY YEAR DRAWS TO A CLOSE

St. Paul's Christmas Board Tea on Saturday, December 2, 2000 was the finishing touch to a yearlong celebration that included a reenactment of the processional from the first service of dedication and a LUV Gala that recognized the visionary founders. 



In This Issue

- Senior Coalition Visit
- Renown Pianist Visits
- The Great Elevator Project
- Report on the Capital Campaign



PERSPECTIVE

In the Charles Dickens story, *A Christmas Carol*, the main character, Ebenezer Scrooge, is given the opportunity by his business partner, the late Jacob Marley, to “shun the path I tread.” On Christmas Eve Marley appears as a ghost to Scrooge and tells him the lesson that he must learn. “But you were always a good man of business, Jacob,” faltered Scrooge. “Business!” cried the Ghost, wringing its hands again. “Mankind was my business. The common welfare was my business; charity, mercy, forbearance, benevolence, were all my business. The dealings of my trade were but a drop of water in the comprehensive ocean of my business!” Later that evening Marley sends Scrooge the Ghosts of Christmas Past, Present, and Future to learn the lesson that the true business of life is people. Over this 40th year we have had many opportunities to visit the past, present, and future of St. Paul’s Senior Homes & Services. Thankfully, we don’t need to be visited by Jacob Marley, or any other ghosts, for the path that we have trod has always been one where the true business of St. Paul’s is people. The comprehensive ocean of our business is the Seniors, Children, and their families, these we care for and serve everyday. I wish you and yours a happy holiday season, and a new year filled with people for you to serve. ❧



Cheryl Wilson, CEO

HIGHLIGHTING EMPLOYEES



Shari Arney is the new Admissions Coordinator at St. Paul’s Villa. Shari has already made dozens of contacts that have resulted in a number of new

Resident move-ins to the Villa. Shari’s background was in the skilled nursing industry. She says of St. Paul’s that the people here really make a difference, everyone from support staff to the Residents and their families have really been accommodating and welcoming. Shari has two children, son Royce is twelve and daughter, Rachelle is eight. Shari also recently received her Residential Care Administrators license. ❧



St. Paul’s recently participated in the 5K Memory Walk at Sea World sponsored by the Alzheimers’ Association. Those participating included **John Scholte**, St. Paul’s Marketing and Public Relations Coordinator, **Pam Luke**, friend of St. Paul’s, **Shari Arney**, St. Paul’s Villa Admissions Coordinator, **Chuck Ayars**, Board Chair of the St. Paul’s Retirement Homes Foundation, and **Ruby Jarrett**, St. Paul’s Child Care Director. ❧

SENIOR COALITION VISITS ST. PAUL’S

On Saturday October 7, 2000, **Flora “Grandma” Green**, the 87-year-old National spokesperson, who tours the country in her 37-foot motor coach for the nearly four million members of the Senior Coalition, came to visit St. Paul’s Senior Homes & Services. The Senior Coalition, based in Washington D.C., is one of the largest seniors’ organizations in America. Unlike AARP, members of the Senior Coalition join solely to support its policy objectives. While visiting St. Paul’s Manor, **Flora Green**, gave the Guardian Eagle Award to **Congressman Brian Bilbray** for his support of senior policies. ❧



Cheryl Wilson, St. Paul’s C.E.O., **Flora “Grandma” Green**, National Senior Coalition Spokesperson, and **Mario Minervini**, congratulate **Congressman Brian Bilbray**, for receiving the Guardian Eagle Award.




St. Paul’s Senior Homes & Services recently joined **Dana Sturgeon** from the **Dana Sturgeon Show** on **KPRZ 1210 AM Radio** in the Race for the Cure in Balboa Park.



Highlighting Board Members



It is a pleasure to welcome back two gentleman to the Board of Directors who have already given extensive leadership and service to St. Paul's Senior Homes & Services. **James Brayshay** who is married to **Betty** has served as Board Chair and on many committees including Marketing and the Community Care Center. **William McLaurin** has also served as Board Chair and on many Board Committees. He is married to **Linn**. Mr. McLaurin is the President of the Bank of Coronado. 

James Brayshay

served as Board Chair and on many committees including Marketing and the Community Care Center. **William McLaurin** has also served as Board Chair and on many Board Committees. He is married to **Linn**. Mr. McLaurin is the President of the Bank of Coronado. 




William McLaurin

Christmas memories continued...



Mary Jane Foronda


Christmas' in Hawaii are the memories that **Mary Jane Foronda**, Assistant Director of Nursing for the John A. McColl Family Health Center, remembers. In

Hawaii they would go caroling from house to house and collect money for different charities. And every year the community where they lived would gather at City Hall and plant a community Christmas Tree. Mary Jane also enjoyed the tradition in her family of a family Christmas party hosted each year at a different home. They would exchange gifts and together cook the Christmas meal, each adding their specialty to the menu. 



Kathleen Anderson


Kathleen Anderson, a CNA for St. Paul's Villa Assisted Living, said her favorite Christmas was just last year. With her children all grown and living far from

San Diego, family reunions are really special. Particularly when you want to see the grandchildren. Last year for Christmas they had a chance to have the family all come together. It was so exciting to wake up on Christmas morning to see the tree all lit up, the fireplace burning, and the look on the grandchildren's faces when they opened their gifts. 



Marcia Hill

Five years ago something very special happened at Christmas that **Marcia Hill**, Manor Resident Services Coordinator, will

never forget. Her parents, who would occasionally take her kids out for treats, started taking them out all the time. She wondered what her parents were up to, until Christmas morning when she opened her gifts. Each of her children had been taken to a professional photographer and their photographs were her gift. 

LUV CONNECTION 



Kathryn Bunch-Hoyecki
President of Love Uniting Volunteers

Do I detect snowflakes in the air; surely not in sunny San Diego but somewhere in the far reaches of the Community Connection a blanket of white is falling to place a coverlet once more over the dusty earth. As I pen these few words to you, cranberries bubbling and popping in the kettle on the stove, Old Tom or Tillies racing down the lane not wanting to partake of yet another holiday season, are just a few of the pictures that come to mind.

The season of anticipation is upon us, a time to refocus on what is important in our life and where we are placing our priorities as yet another year comes to a close. This is the time of the year when LUV members and friends remember the Residents of St. Paul's in a special way by giving gifts to each and every Resident. A special time has been set aside to gather the gifts at the LUV Annual Holiday Party to be held this year at St. Paul's Villa, on December 14th. Please bring your gift items unwrapped. If you are unable to shop, please know that a cash donation will be gratefully received. The following items are recommended: calendars, candy, handkerchiefs, lotion, note paper, stationary, tea, cookies, perfume, cologne, and other small sundries. Chef Rose always produces a splendid feast and other fun activities are planned for this gathering.

Please mark your calendars for the regular monthly meeting and luncheon of LUV to be held January 18th at the Imperial Restaurant at 505 Kalmia Street.

May you enjoy the rich blessings of this holiday season and a joyous and healthy New Year 2001. 




Around the Manor, Villa, Health C



Reverend Clyde Beecher celebrated his 102nd birthday at St. Paul's John A. McColl Family Health Center on September 2, 2000. Family from Washington and San Diego came to wish him a happy birthday on this special occasion.


The Mystery at St. Paul's Manor

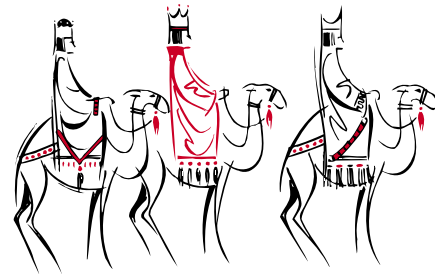


A mystery trip for St. Paul's Manor Residents took place on Saturday October 14, 2000. The trip was listed on the bulletin board for several days, however Residents were given no idea where they were going until they pulled into the Mission Trails Regional Park. Lunch followed. The Activities Department plans to schedule a mystery trip once each month. 

Renown Pianist Visits the Manor



Manor Residents were recently treated to a wonderful hour of music presented by **Mike Wofford** at the piano accompanied by **Holly Hofmann**, flautist. Mike, the son of Manor Resident **Billy Riley-Watkins**, has been involved in the music industry for many years and was the pianist for **Sarah Vaughn** and **Ella Fitzgerald**. Holly recently returned from a tour through Australia and New Zealand. 




Trinkets & Treasures Sale a Success



Mary Shultz, Manor Administrator, **Norma Riddell** and **Lauretta Pharis**, Manor Residents, pick out some trinkets at the sale.



Anne Hawley, a Resident of the John A. McColl Health Center, enjoys Pet Therapy with **Betty Grupi** and her dog **Jasmine**.

The Resident Association Committee of St. Paul's Manor, under the auspices of President **John Johnstone**, had its Annual Trinkets & Treasures Sale on October 6, 2000. The purpose of the sale was to allow for services and amenities not afforded by the Association's fund. In spite of the rainy day, it was held in the recently renovated Lahodny patio and the sale was declared a success netting \$1,784. The event was Chaired by Manor Resident **Billy Riley-Watkins**. All donations that were not sold were given to St. Paul's Thrift Shop on 5th Avenue. 




Center and Community Care Center

St. Paul's Open To All



Resident hostesses for the last open house included Manor Residents **Thelma Pritchett, Norma Riddell, Ella Agnew, Billy Riley-Watkins, Ann Clark, and Miriam Schweiger.**

St. Paul's provides monthly Open Houses that alternate between the Manor and the Villa. In December St. Paul's will be featuring special Christmas Light Tours that will include a bus tour of community Christmas lights, tours of both retirement communities and dinner. If you would like to be included in this holiday event please call (619) 239-6900 for information. 

The children and adults from St. Paul's Inter-generational Day Care enjoyed celebrating Halloween together!



A big hit at St. Paul's Manor is the Trivial Pursuit Gang. They play twice a month in the 11th floor LUV Lounge. Come join the fun!

The Card Room of St. Paul's Villa hosted the polling booths for the Presidential Election. Villa Residents appreciated the convenience of voting at home!



Looking Back



The Rt. Rev. **Harold Robinson** dances with his wife **Maria**, after receiving the Fifth Spirit of a Caring Community Award during a LUV celebration in 1984.



LUV Membership Tea in 1987.



I AM INTERESTED IN LEARNING MORE!
PLEASE SEND ME BROCHURES AND INFORMATION ON:

- | | |
|--|--|
| <input type="checkbox"/> Manor – Independent Living | <input type="checkbox"/> Planning Giving Opportunities |
| <input type="checkbox"/> Villa – Independent Living | <input type="checkbox"/> Child Care Services |
| <input type="checkbox"/> Villa – Assisted Living | <input type="checkbox"/> Respite Care |
| <input type="checkbox"/> McColl Family Health Center (Skilled Nursing) | <input type="checkbox"/> Hospice Care |
| <input type="checkbox"/> Home Care | <input type="checkbox"/> Senior Day Services |
| <input type="checkbox"/> St. Paul's Foundation | <input type="checkbox"/> Volunteer Opportunities |

Please send information to:

Name: Rev. Dr. Mr. Mrs. Miss Other _____

Address _____

City/State/Zip: _____

Telephone: () _____

Please mail this form to: St. Paul's Senior Homes & Services • Marketing and Public Relations
Winter 2000 328 Maple Street • San Diego, CA 92103 (619) 239-6900



News of St. Paul's Retirement

TRIBUTE & MEMORIAL GIFTS

Received August 23, 2000 – October 31, 2000

IN MEMORY OF:	GIVEN BY:	IN HONOR OF:	GIVEN BY:
Betsy Baker	Dr. and Mrs. William McDade	Kirk Jackson	Mrs. Susan Mueller
Mary Burcham	Mr. and Mrs. Arthur Herzman	Jennifer Vattuone	Ms. Lucinda L. Datin
Virginia Elliott	Mr. and Mrs. Dan Little		
Stewart Fox	Mr. John McColl		
Edward Holland	Mr. and Mrs. Dan Little		
Larry Lahodny	Dr. and Mrs. John R. Anthony		
John McColl	Mr. and Mrs. Dan Little		
Richard Mitchell	Mrs. Josephine Balestrieri		
Joanne Muller	Rick and Cheryl Wilson		
Grace Sainick	Mrs. Margaret Peninger		

IN HONOR OF THE BIRTHDAY OF:

Eleanor Herzman	Mrs. John McColl
	Rick and Cheryl Wilson
Cheryl Wilson	Dr. and Mrs. John R. Anthony
	Mr. and Mrs. Thomas C. Peek


ANNUAL APPEAL 2000 - THE GREAT ELEVATOR PROJECT



Mike Jacobs
Executive Director
St. Paul's Retirement
Homes Foundation


My earliest memory of an elevator was the elevator in the Smith Tower in Seattle, Washington. The Smith Tower was 42 stories tall, and when it was built in 1914 was the tallest building west of the Mississippi River. In 1945, my father - a professional singer — had his own radio show, the "Hal Jacobs Show," and the studio was on the 40th floor. I remember visiting the studio and riding the elevator. I especially remember the ride down! It was my first experience of weightlessness! That elevator would drop twenty stories and it felt like you could touch the ceiling. But I don't remember ever wondering if I could be stuck on the elevator, or what would happen if it did not work.

Every time our residents, staff or guests get on the elevators in the Manor, the Villa, or the Community Care Center they have to worry about whether the elevator will deliver them to their destination without a problem. We have faithfully repaired these elevators over many years, but parts are no longer available. Major repairs and renovations are needed urgently.

The Foundation Board of Trustees has approved a goal of \$250,000 for our 2000 Annual Appeal that is dedicated to the repair and renovation of all eight elevators in all of our buildings. We will achieve a substantial savings by doing them all under one contract. We appreciate your help to achieve success with this project. 



St. Paul's Manor Residents enjoying the new third floor refrigerator are (l-r) **Frederick McDonough, Katherine Moore, Marbon Hubbard, Tom McNamara, Thelma Brown, and Billy Riley-Watkins.**

We are most grateful to our auxiliary, Love Uniting Volunteers, for the wonderful refrigerator they purchased to be used by the third floor Residents at St. Paul's Manor. 


Retirement Homes Foundation

REPORT ON THE CAPITAL CAMPAIGN FEASIBILITY STUDY


On September 22, Glen Holliman, President of Holliman & Associates - a capital campaign consulting firm - met with the Foundation Board of Trustees to present their report on a Feasibility Study for a capital campaign of three million dollars for the purchase of additional property. The Feasibility Study consisted of personal interviews with 29 influential individuals, and the sending out of questionnaires to 801 other influential constituents.

The results were:

- ◆ Only 32% of those contacted had any awareness that St. Paul's was considering a campaign.
- ◆ 92% of those contacted were in favor of a campaign.
- ◆ Insufficient major gifts were identified to conduct a successful \$3 million campaign at this time.
- ◆ We need to publicize and inform our constituency about our vision for expansion.
- ◆ We need to continue to identify major donors who share St. Paul's vision for the future.
- ◆ If we do the above, we can conduct a successful campaign in 12 to 18 months.

For more information, please read the Executive Summary of the Capital Campaign Feasibility Study that is an insert in the Connection. 

How Can I Volunteer?

There are many ways to get involved as a volunteer with St. Paul's. Whether you are a carpenter, real estate agent, retired teacher, full-time mom, computer programmer, or student, there are opportunities to match your skills with organizational needs. We rely on volunteers to support the office, serve on committees, and work with special events, and visit/assist our Residents. To find out how you can help by volunteering your time and talent, please call Iwonne in the Foundation office at 239-6900. 



Mike Jacobs, Executive Director of St. Paul's Retirement Homes Foundation, passes out candy from the Foundation Office to St. Paul's Child Care Trick or Treaters.

WISH LIST

CALL 239-6900 (FOUNDATION) FOR DETAILS

ST. PAUL'S COMMUNITY CARE CENTER

Tympanic Thermometer - \$450

Books for the Child Care Program

Toys for new 2 year old
Toddler Room - \$25.00

Children Water Play Equipment - \$15.00

Activity Materials for Senior
Day Services

ST. PAUL'S MANOR

Portable Podium with Amplification
System - \$150

Planters for the Manor Entry - \$25.00

Computer with Internet Capabilities for
Residents' use - \$2,100

ST. PAUL'S JOHN A. MCCOLL FAMILY HEALTH CENTER

Carpet Extractor for Stain Removal -
\$2,500

Hydro collator and Cart for Physical
Therapy hot packets - \$960



St. Paul's Senior Homes & Services
328 Maple Street
San Diego, CA 92103

Return Service Requested




Non-Profit Org.
U.S. Postage
PAID
Permit No. 435
San Diego, CA



Pastoral Care Celebrated by St. Paul's



Volunteer Lay leaders **Elizabeth Diccico, William Cheney, Pauline Stewart, and Christie Inglis** join **The Very Rev. Harold Lemoine** to celebrate Pastoral Care Month.

On October 17, 2000, St. Paul's Senior Homes & Services held a celebration and reception to honor those who selflessly give of themselves to provide spiritual leadership to the Residents, families and staff. Many clergy and laypersons come to St. Paul's to help meet spiritual needs-whether it is receiving the Eucharist, through Bible Study, or simply the inspirational quotes left by St. Paul's **Chaplain Warren Williams**-their efforts help all at St. Paul's to renew and strengthen their faith. Also recognized were persons who give in less direct ways through scheduling clergy visits, altar guild, and making room visits to check on the spiritual needs of their friends. 



Chaplain Warren Williams, William Cheney, The Very Rev. John Chane, The Very Rev. Harold Lemoine, The Rev. Canon Lee Teed, Rev. John Scholte, The Rt. Rev. Robert Wolterstorff, and Rev. Dr. Michael Jacobs.



St. Paul's Senior Homes & Services

BOARD OF DIRECTORS

Robert Rentto, Esq., *Chair*

Rick Lorah, <i>Vice Chair</i>	Janet Lahodny
Winfred Knapp, <i>Treasurer</i>	James Brayshay
Cheryl Wilson, C.E.O., <i>Secretary</i>	Annie Love
Barbara France	William McLaurin
Barbara Bright	Diane Shepherd
Anne De Meules	Diane Ritchey-Andrews
Col. William Dick	James Waddell
Doris Howell, M.D.	John Witt, Esq.
Charles Blake	Paul Zeigler, D.D.S

The Very Rev. John Chane, *President*

MEDICAL DIRECTORS

John Berger, M.D. Dennis Ehrlich, M.D. Amy Stenback, M.D.



St. Paul's Retirement Homes Foundation

OFFICERS AND TRUSTEES

Charles Ayars, *Chair*

Jack Damson, <i>Vice Chair</i>	Carl Neuman
Mark McMahon, <i>Treasurer</i>	Randy Truax
Philip Klauber	Richard Thorn, Esq.
Betsy Anthony	Tom Peek
Kirk Jackson	Richard Woltman
John Patrick Ford	Rev. Tally Jarrett
Cheryl Wilson, C.E.O., <i>Secretary</i>	Kathryn Bunch-Hoyecki <i>LUV Auxiliary President</i>

Rev. Dr. Michael Jacobs, *Executive Director*

Thomas Sefton, *Trustee Emeritus*

Rt. Rev. Robert Wolterstorff, *Trustee Emeritus*



St. Paul's Retirement Homes Foundation

Supporting the Programs and Communities of St. Paul's Senior Homes & Services

EXECUTIVE SUMMARY

CAPITAL CAMPAIGN FEASIBILITY STUDY

On Friday, September 22, Glenn Holliman, President, and Sue Fornabai, Consultant, of Holliman associates, met with the St. Paul's Retirement Homes Foundation Board, to report the results of a Capital Campaign Feasibility Study for the purchase of property for the expansion of St. Paul's programs and services.

The Feasibility Study consisted of Sue Fornabai conducting a total of 29 personal interviews with a combination of donors, board members, volunteers, staff, and residents. In addition, 801 questionnaire/surveys were delivered to a larger group of St. Paul's constituents to elicit their opinions and attitudes regarding the contemplated capital campaign.

Summary of Findings

Awareness of the Need

Although Cheryl Wilson, St. Paul's CEO, had discussed the interest of St. Paul's in purchasing the Temple property with the leadership of the Temple for more than a year, due to the delicacy of the situation, that information could not be made public.

Therefore, only 32% of the respondents to the study were aware that St. Paul's was considering a possible capital campaign for the purchase of property to expand services.

Interest in and Support for a Capital Campaign

Although only 32% of the respondents were aware of the possible campaign, 92% were in favor of the campaign when they heard about it (although there were some reservations). Only 11% were opposed to the campaign.

29% felt that the goal was reachable, and 67% had no opinion on whether the \$3 million goal could be achieved. 46% of respondents said that they would give to the campaign, and only 20% would not give, the remaining 34% was undecided.

The most critical finding was, although a number of major gifts were identified, too few lead gifts were identified to enable us to conduct a \$3 million campaign at this time. It was clear that the uncertainty over the location of property for purchase and resulting details of expansion of services on that property caused some individuals to limit their participation.

Feasibility Study Recommendations

The following are the major recommendations that were made by Holliman associates:

An aggressive communication plan must be developed and launched to adequately inform St. Paul's constituency about our plans, programs, and possibilities.

It was recommended that we wait for 12 to eighteen months before conducting a \$3 million campaign, in order to allow for the identification of the additional lead gifts, and volunteer leaders, needed for success.

Conclusion

St. Paul's remains committed to and enthusiastic about acquiring additional property for the expansion of services and programs. We are convinced that there is a demonstrated need for a Program for All-inclusive Care for the Elderly (PACE) here in San Diego. We will continue to be faithful to our mission of providing innovative, quality services.

We wish to thank all of those who were interviewed and who sent in questionnaires, your comments and opinions were critical in helping us determine what to do about the Capital Campaign.

If you have additional questions, or comments, please call the Foundation office. We will keep you informed about further developments.

*Rev. Dr. Michael T. Jacobs, PFP
Executive Director
Mon, Nov 27, 2000*

Senior Day Services



NaTasha Bailey

Natasha Bailey is the Activities Coordinator for St. Paul's Senior Day Care program. NaTasha plans and coordinates all the activities for Seniors, which includes physical exercise, intergenerational activities with the Child Care Program, lunch outings, other bus trips, and many social activities. Caregivers have noted that she knows just how to work with each guest according to their level and ability. While working for St. Paul's she is studying for a degree in English and enjoys writing short stories and novels as a hobby. NaTasha recently said, "What I enjoy most about my job is making sure the Seniors have a good time with fun activities throughout the day." Creating a sense of community for the Seniors is important to her as well, "I enjoy the relationships we all build with each other, our guests become like a part of your family."



Ellie O'Campo

Ellie O'Campo is a Certified Nursing Assistant and Program Aid for the St. Paul's Senior Day program. Ellie has been with St. Paul's for eight years. Over that time caregivers have found they can count on her to help their Senior adapt to the program. Originally from Nicaragua she has been in the United States for 20 years. Her favorite part of the program is the cooking class and the sing-a-long.

Caregivers.

Caring for a senior leaves little time to shop for Christmas.

TWO FREE 1/2 DAYS OF SENIOR DAY CARE
so that you can go shopping.

Offer good from November 6-December 22 - 1/2 day. Hours are from 10:00 am to 3:00 pm which includes lunch.

Senior Day Care is for seniors with mild memory loss or other age related conditions.

Call to schedule your day now.
(619)239-6900

See our website for affordable rates.
www.stpaulsseniorhomes.org



St. Paul's
Senior Homes & Services
A Full Service Retirement Community

328 Maple Street • San Diego, CA 92103





Pauline Marcias

Pauline Marcias is the Community Service Assistant and one of the first people you will meet in the St. Paul's Senior Day program. She makes sure everyone gets signed in each day and greets people with a big smile. If you have a question about the program or would like to enroll a Senior Pauline will assist you.



Kacey Bearce

Kacey Bearce is a Program Aid for St. Paul's Senior Day program. She recently moved to San Diego from Massachusetts. She enjoys seeing the Seniors interact with the children from the St. Paul's Child Day Care program. Kacey also enjoys preparing the Arts and Crafts projects for the Seniors.



Juda Ganey

Juda Ganey is a Program Aid for St. Paul's Senior Day program. She recently joined the staff and has really enjoyed taking our guests to the infant room for inter-generational activities. Juda said when the Seniors come to the Infant Care Center, "It lights up their faces."

OUR SENIOR DAY SERVICES

Seniors with mild memory loss or other age related conditions matter to us at St. Paul's Senior Day Services. We are committed to working towards meeting their needs in a multitude of ways. By recognizing and caring for the whole person: socially, mentally, physically and spiritually we promote mental and emotional well-being.



Senior Day Guests enjoying the Senior Day Program



Senior Day Trip to Santee Lakes

Through Certified Nursing Assistants, Program Aids, and an Activities Coordinator we can provide appropriate programs for those with age related conditions and offer individualized attention when needed. A Registered Nurse

certified in gerontology is available to attend to medical needs and administer approved Medication.

Meeting the needs that Seniors have for times of relaxation, introspection, rest and reflection is also important to us. The Community Care Center features an inter-generational library designed to foster learning and intellectual growth. A private living room that provides opportunities to have quiet conversation or to enjoy listening and visual entertainment with other Seniors. The Community Care Center also features an inter-faith chapel for spiritual programs for those who wish to take part.



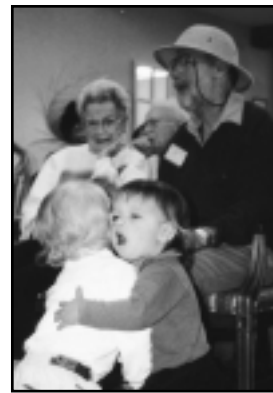
Senior receive a visit from Animal Friends

OUR INTER-GENERATIONAL PROGRAM

St. Paul's Senior Homes & Services is proud to offer one of the first inter-generational programs in Southern California. Inter-generational Care is the bringing together of Seniors and Children to benefit the lives of both. Twice a day, and at lunch time, Seniors from St. Paul's Senior Day program come together with Children from St. Paul's Child Care program and participate in fun, creative and planned activities.



Seniors and Children celebrate a Hawaiian Luau



Hugs are always a part of the program

In the times of inter-generational activities, Seniors have the opportunity to enhance inter-generational understanding, and revisit fond memories through "grandparent" type interaction with children. The program has also enhanced the quality of life for both Seniors and Children.

We understand dietary needs must be met for Seniors to maintain a high level of interest and energy throughout the day. A well-balanced meal and a variety of snacks are served daily in St. Paul's Community Café.



A delicious lunch is served each day

St. Paul's Senior Day Services
Monday through Friday
8:00 A.M. to 6:00 P.M.
(619) 239-6900
www.stpaulsseniorhomes.org