



St. Paul's Community Connection

A Quarterly Publication of St. Paul's Senior Homes & Services, a Nonprofit Corporation serving the Manor, Villa, John A. McColl Family Health Center, Community Care Center & Retirement Homes Foundation.

ST. PAUL'S PLANS FOR EXPANSION

"Progress always involves risk. You can't steal second base and keep your foot on first."

– Patrick B. Wilcox

We are looking to the future as St. Paul's continues to fulfill its mission of providing innovative and quality services, for the seniors in San Diego. The leaders of St. Paul's Senior Homes & Services, and the St. Paul's Retirement Homes Foundation, have committed themselves to acquiring additional property in the surrounding area for the provision of additional services.


St. Paul's is committed to providing additional housing and care services for the elderly that would complement our existing programs and services. A new property could be used to reach a wider range of retiree's in the growing population of seniors. This housing would include enhanced one and two bedroom apartments to capture the expectations of the next generation of seniors.

In addition, St. Paul's would reach out to the frail elderly of San Diego by establishing the first PACE (Program for All-inclusive Care for the Elderly) model program in San Diego. The nationally recognized PACE program was developed 25 years ago in San Francisco (On Lok Senior Health Services) and has been replicated nationwide.



Community Eldercare of San Diego (CESD) a separate, non-profit, agency has been created and will be the San Diego provider of PACE services. CESD services will be located on our expanded campus.

Our first choice would be to acquire property close to our existing facilities, if available. If it is not, we will pursue plans to acquire other favorable sites that have come to our attention.

St. Paul's is looking forward to its next 40 years with the vision of those who have made the past 40 years possible. 

"Worse than being blind, would be to be able to see, but not have any vision."

– Helen Keller


In This Issue

- LUV Gala Celebrated in Style
- Kudos for St. Paul's
- Men Move to St. Paul's

The Larry K. Lahodny Memorial Patio Dedicated



Janet Lahodny displays the dedication plaque during the ceremony while **Robert Rentto**, Chair of St. Paul's Board of Directors, and **The Very Rev. John Chane**, Board President, look on.

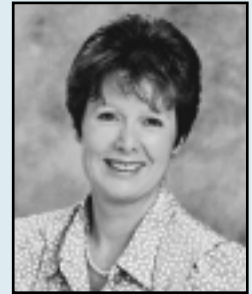
On Thursday, September 7, 2000, the Lahodny family and friends along with McColl Health Center Residents, Manor Residents, Board members, and staff celebrated the dedication of the newly renovated patio between the Manor and McColl Health Center. The patio was dedicated in memory of **Larry K. Lahodny**, husband of **Janet Lahodny**, a member of St. Paul's Board of Directors. 



Harry Allgauer, receives a plaque from **Chuck Ayars**, Foundation Board Chair, for his support of the newly dedicated and renovated patio.

PERSPECTIVE

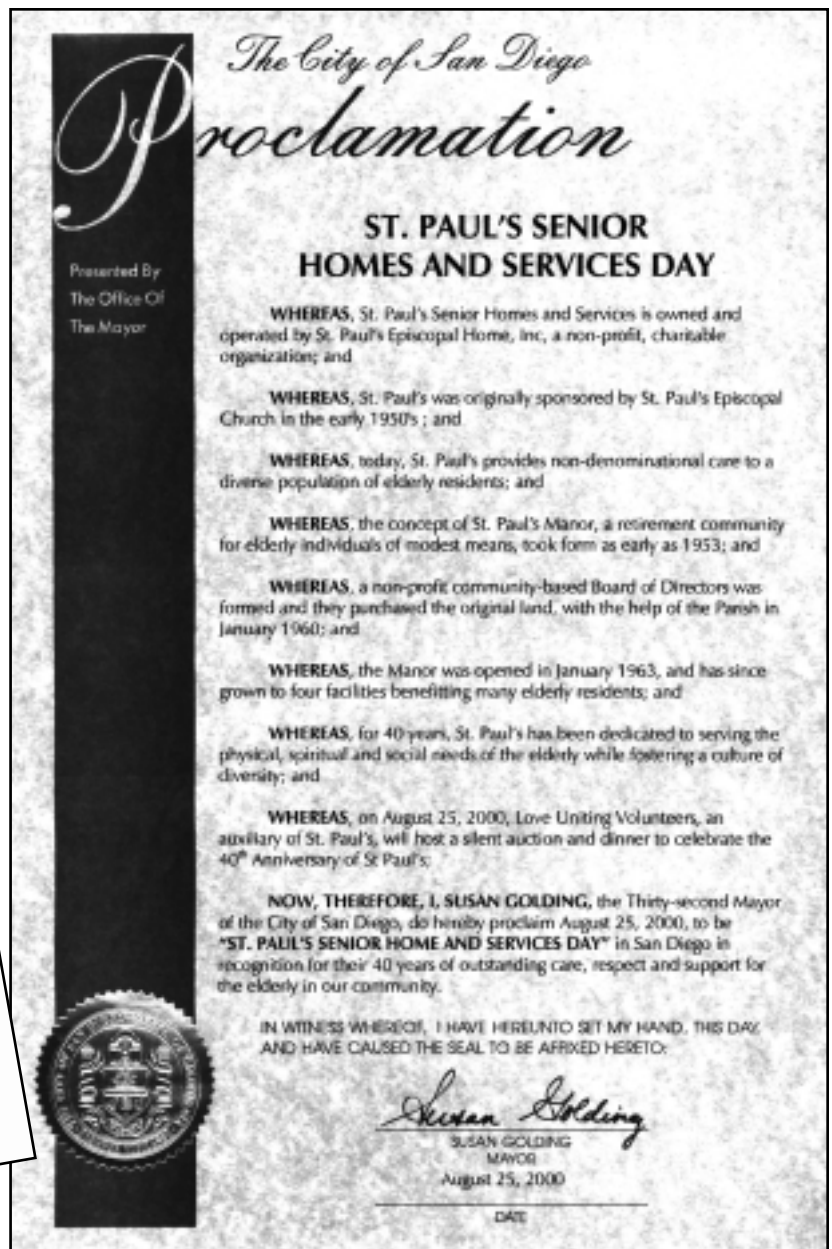
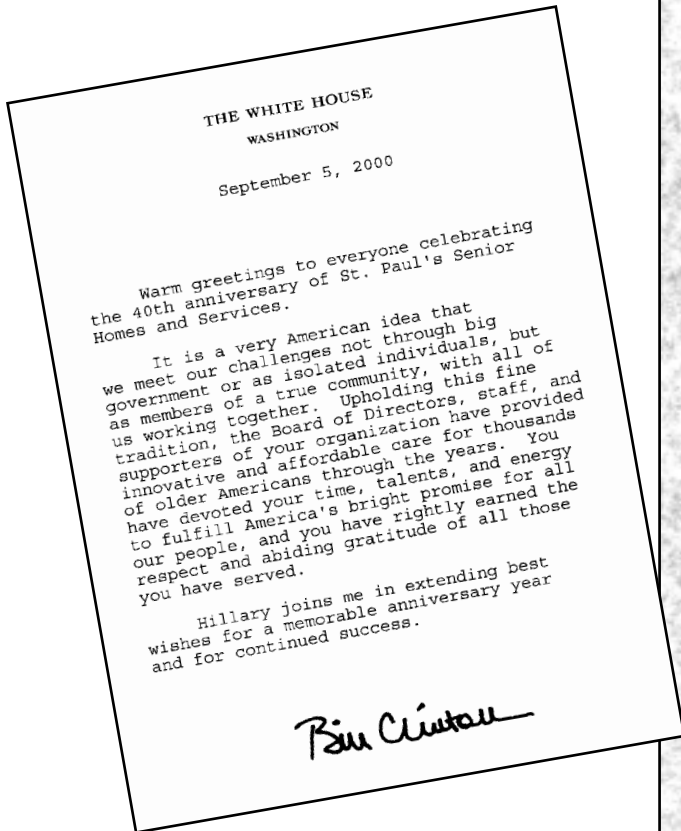
Today the news reported that part of America's history is dying every day. The report referred to the World War II veterans whose legacy of freedom we enjoy, but whose history we have not memorialized for the future generations. St. Paul's does not plan to forget the visionary men and women who gave their time, talent and treasure to conceive, build, and then grow this wonderful organization. The San Diego community has benefited from the sweat and toil of many over the past four decades. Their successes need to be honored and remembered by the people who will take the challenge of providing care, in a dignified and caring manner, to all who want or need a home at St. Paul's for the next four decades. On August 25, 2000 we celebrated our 40th Anniversary honoring our rich heritage in the San Diego community. It was a wonderful evening that commemorated a solid reputation developed over the years by these dedicated visionary people. It also served as a catalyst for our future. As we continue to provide new avenues of service and assistance to the senior community, we can only do so because of the legacy these visionaries have given to us. It is their efforts and persistence that inspires us to an even brighter future.



Cheryl Wilson, CEO




Kudos for St. Paul's 40th Anniversary



Highlighting Trustee Members




Mr. Thomas Peek is a member of the St. Paul's Retirement Foundation Board. He is not new to St. Paul's, having served on the Board of Directors and numerous Committees. Tom is also

a longtime member of **Kiwanis**. He is an Eagle Scout Alumnus and has been involved with the Boy Scouts of America. Tom has been married for forty-eight years to **Ellen**. Together they enjoy spending time with their seven children and many grandchildren. They are long time parishioners of St. James-by-the-Sea. 




Mr. Randy Truax, as a new member of the Foundation Board, is no stranger to St. Paul's Senior Homes & Services. Randy has served extensively on the Finance Committee. He has also served on

the St. Paul's Villa Subcommittee and on the Board of Directors. Randy is a native Californian and graduate of California State University at Long Beach. He is the Vice-President and Manager of the Union Bank branch located at Fourth and Laurel in San Diego. 



Mr. Kirk Jackson, the Immediate Past Chair of the Operating Board now moves to leadership on the Retirement Homes Foundation Board. Kirk is president of **Jackson & Blanc** a

mechanical contracting business. He is a member of the San Diego Rotary and Point Loma Presbyterian Church. Kirk enjoys fishing, golf, travel, and spending time with his family. He is married to **Jolene** and they have two sons. 

LUV CONNECTION




'Tis the season to begin to stretch our limbs and gaze at the skies in search of the signs of Fall. I for one am very thrilled at the prospect to once again look forward to the turning of the leaves to brilliant shades of yellows and reds. Fall also means that the Sixteenth Annual LUV Gala has been held. This year LUV celebrated the 40 years that St. Paul's Senior Homes & Services has been a vital part of this community. A special thank you to all who so generously supported the Gala with willing hands and contributions. The funds raised will be used to purchase a new van for St. Paul's that will be equipped with a wheelchair lift.



**Kathryn
Bunch-Hoyecki**

*President of Love
Uniting Volunteers*


If you were not able to attend the Gala, we trust that you will enjoy the pictures and the articles found on the pages of this lively news magazine. Start planning to attend next year's Gala and attending other functions as announced throughout the year. LUV will be hosting an ice cream social at St. Paul's Villa, on Oct 6th from 2-4 pm. Plan to attend and enjoy some ice cream, music, and fellowship with the Residents of the Villa. 

Peace, love and joy,

Kathryn Bunch-Hoyecki, LUV President



Mrs. Betsy Anthony, is a new member of the St. Paul's Retirement Homes Foundation Board. She was born in Cleveland, Ohio and has lived in San Diego for many years. She graduated from San Diego State College with a teaching degree and has taught in Japan and San Diego. Although now retired, she occasionally teaches at Bridges Learning Center in Solana Beach. She has been married for 32 years to **Dr. Jack**

Anthony, who is also very active with St. Paul's having served as the Board Chair and on many committees. Together they have two children. Betsy's mother-in-law, **Gladys Anthony**, has lived at St. Paul's since 1986 and is currently a Resident of the **John A. McColl Family Health Center**. Betsy has done volunteer work with Jr. League of San Diego, The Thursday Club, Las Patronas, Women Together, and Children's Home Society. She was recently recognized at the Salvation Army's "Women of Dedication." Betsy has been very active with St. Paul's through serving on the Design & Planning Committee, Nominating Committee, and Young & Restless Committee. She enjoys travel, reading, and bridge. 


Around the Manor, Villa, Health C



Graduates for 2000


St. Paul's Child Care program recently graduated six of its preschoolers who will be attending Kindergarten this fall. The celebration took place in the Community Café, with refreshments and D.J. music in the Senior Day garden. Along with the graduates, those attending were the preschoolers, teachers, parents, grandparents,

(l-r) **Victor Simeonov, Sarah DiFede, Marissa Camp, Amara Clayton, Angela Topcheva, and Jennie Mae Scholte.**

Senior Day Services guests and staff. We wish our graduates all the best as they move on to kindergarten! 

Hall of Champions




The Curator of Collections, **Todd Tobias** of the San Diego Hall of Champions Sports Museum, recognizes **Mr. Henry Saleebey**, a Resident of the John A. McColl Family Health Center. During the Health Center men's luncheon. Mr. Tobias shared the highlights of Henry Saleebey's career as the Light Weight Boxing Champion from 1927 through 1929. 

St. Paul's Rock-n-Roll-a-thon




Ronald Volk, Villa Administrator, congratulates Lucinda Parsons.

The first annual rocking chair and all things wheeled event was held literally around St. Paul's Manor and John A. McColl Family Health Center. Close to 50 employees, Residents, and children from the Child Care Center, ranging in age from 2 months old to 102 years old, rocked or rolled around one city block to help raise funds for the Residents Activity Fund. The event raised \$1,100 with **Jennie Mae Scholte**, from St. Paul's Child Care Center raising over \$120 and **Lucinda Parsons**, Administrative Assistant, going the farthest with 30 laps. 



Jennie Mae Scholte, Outstanding Fundraiser.



The Senior High Youth Group from St. Margaret's Church in Washington State volunteered as "touch-up" painters for a day at all of St. Paul's facilities. 



San Diego City College instructors offer several classes for St. Paul's Residents including *Exercise, Current Events, Art Alive, and Music Appreciation.*




The dining room at St. Paul's Manor was transformed into a Tropical Paradise in August with a Luau that included Polynesian Dancers and a South Seas Buffet. Manor Resident **Julia White** learns to "Hula" from dancer **Kayleiah Kealoha.** 

Center and Community Care Center

Manor Residents Elect Leadership



The Resident Association at St. Paul's Manor recently elected new leadership. (l-r) **John Johnstone**, President, **Agnes Tobits**, 1st Vice President, **Doris Chilton**, Recording Secretary, **Shirley Baron**, Treasurer, **Elizabeth Diccico**, 2nd Vice President, **Jean Lounsbury**, Corresponding Secretary, and **Betty Shukraft**, Parliamentarian. **Cheryl Wilson**, St. Paul's C.E.O., installed the new officers. 




The children from St. Paul's Child Care Center visited St. Paul's Villa to celebrate Flag Day.


Gentlemen Move To St. Paul's

According to the U.S. Bureau of the Census, there are six million more women than men over 65 years of age in the United States. This statistic is certainly reflected in all retirement communities



across the nation, including St. Paul's. However, St. Paul's has recently experienced an increase of men who have chosen retirement at St. Paul's for its location, convenience and value. Because the male population continues to grow, more activities and groups have been started related to the gentlemen's interests. 

First Villa Resident Council Convenes

St. Paul's Villa created a Residents Council and on September 13, 2000 elected their first leadership committee. **Jane Rykerd**, President, **Eugene Smith**, Vice President, **Barbara Cooper**, Secretary, **Rose Nelson**, Treasurer, **Phyllis Copeland**, Corresponding Secretary. Committee Members included **Paul Althouse**, **Stanley Blackwell**, **Dena Bluestone**, **Wentworth Kilgore**, **Eunice Long**, **Ruth Ross**, and **Carmen Wilson**. 

Looking Back



Mr. Gordon E. Browne, was recognized at the LUV Gala as one of St. Paul's Visionary Founders.



Mr. Charles Ayars, Chair of the Foundation Board, with his wife Janet, was recognized at the LUV Gala as one of St. Paul's Visionary Founders.



I AM INTERESTED IN LEARNING MORE!
PLEASE SEND ME BROCHURES AND INFORMATION ON:

- | | |
|--|--|
| <input type="checkbox"/> Manor – Independent Living | <input type="checkbox"/> Assisted Living Program |
| <input type="checkbox"/> Villa – Independent Living | <input type="checkbox"/> Personal Services Unit |
| <input type="checkbox"/> McColl Family Health Center (Skilled Nursing) | <input type="checkbox"/> Respite Care |
| <input type="checkbox"/> Child Care Services | <input type="checkbox"/> Hospice Care |
| <input type="checkbox"/> Home Care | <input type="checkbox"/> Senior Day Services |
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Please mail this form to: St. Paul's Senior Homes & Services • Marketing and Public Relations
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News of St. Paul's Retiree

TRIBUTE & MEMORIAL GIFTS **Received May 16, 2000 – August 22, 2000**

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NED ANTHONY
 BETZY BAKER

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 GEORGE AND GENEVA DAMOOSE
 GARNET DAMOOSE-MICEK
 PAULINE FISHER

 STEWART FOX
 JOHN P. GALLAGHER
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 ROSE E. HEALEY
 MARY M. SADLER
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 MARY SCHULTZ
 CHERYL WILSON
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**IN HONOR OF THE
BIRTHDAY OF:**

PHILIP KLAUBER
 AUBREY THOMPSON

BY:


RICK AND CHERYL WILSON
 RICK AND CHERYL WILSON

ment Homes Foundation

Reception Held For St. Paul's Volunteers



Mike Jacobs, Executive Director of the Foundation, serves tea to Volunteers, **Priscilla Fleishans**, and **Barbara Cooper**.


A volunteer reception was held on Wednesday June 7, 2000 in the Community Café for the many Volunteers who have supported St. Paul's with their time and efforts this past year. From driving Residents to doctor appointments to helping with the Children in the Day Care program each volunteer makes a difference! 



Pat Brain, receives a certificate for her 15 years of volunteer service from **Iwonne Salvador**, Volunteer Coordinator, and **Cheryl Wilson**, St. Paul's C.E.O.

Woodworkers Donate Toys




Children from the St. Paul's Community Care Center play with wooden toys donated to the center by **Ray Albright** of the **San Diego Fine Woodworkers Association**. Many of the fine pieces were also auctioned at the LUV Gala. 

Jessop's Honorary Chairs of LUV Gala



George Carter Jessop is welcomed to the podium by **Kathryn Bunch-Hoyceki**, LUV President, after which he introduced and recognized **Capt. Paul and Charlotte Hartley**.

Mr. George Carter and **Mrs. Mary Jessop** officiated as honorary Chairpersons for the 2000 LUV Uniting Volunteers Gala celebrating the 40th Anniversary of St. Paul's Senior Homes & Services. As long time supporters of the San Diego Community and of St. Paul's, Mr. and Mrs. Jessop contributed to the success of a very delightful evening. Unfortunately, Mrs. Jessop was unable to be present at the event. 




The Very Rev. John and Mrs. Karen Chane attend the LUV Gala. **Dean Chane** is President of St. Paul's Board of Directors.

Betsy Anthony, Foundation Board member, at the LUV Gala with her husband **Dr. John Anthony** who was the Gala Master of Ceremonies.



ANNUAL APPEAL 2000 Elevator Replacement

Our Fall Annual Appeal will be for the refurbishment of the eight elevators in all of our facilities. Regular maintenance and repairs are no longer adequate, parts are no longer available, and all of them need to be brought into compliance with the Americans with Disabilities Act (ADA). We have no alternative about moving forward and completing these needed major repairs and improvements. The total cost of this project is \$237,914 under one contract. We will save almost \$30,000 by awarding all of the needed work under one contract. We will need your generous support. Your generous philanthropic gifts are absolutely essential for St. Paul's to provide seniors in San Diego with high quality facilities and services at an affordable cost. Look for the Annual Appeal mailing the first of November or contact the St. Paul's Retirement Homes Foundation at (619) 239-6900. 



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LUV Celebrates 40 years of St. Paul's



The Rt. Rev. and Mrs. Gethin and Lenore Hughes. Bishop Hughes gave the invocation at the LUV Gala and Mrs. Hughes created the cover design for the evening's program.

As beautiful harp music filled the ballroom of the Sheraton Harbor Island Hotel, the many guests of the Love Uniting Volunteers (LUV) Gala enjoyed the silent auction, including the chance to win the commemorative 40th anniversary ruby pin created by **Jessop Jewelers**. After dinner, and a historical video featuring St. Paul's over the last 40 years, **George Jessop** gave tribute to **Captain Paul** and **Charlotte Hartley**. The evening concluded with **Chuck Ayars**, one of the St. Paul's visionary founders, giving recognition to all the visionary founders who established St. Paul's Manor 40 years ago. 



Captain Paul and Charlotte Hartley were the honored guests of LUV at its 16th annual gala.



St. Paul's Senior Homes & Services

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