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ST. PAUL'S e-Community Connection

Serving San Diego Seniors Since 1960

Home	Independent Living	Assisted Living	Memory Care	Skilled Nursing	Day Care	PACE	Giving
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OCTOBER 2014

Dear Friend of St. Paul's,

Grandparents Honored with Ice Cream Social

[Love Uniting Volunteers \(LUV\)](#) hosted a special Ice Cream Social for all the families at St. Paul's to celebrate Grandparents Day on September 5.



The event had a great turnout and we couldn't have done it without the volunteers from **Union Bank**, who served lots of ice cream with a smile! Senior residents and participants, along with the kids from our childcare program all welcomed their families to the celebration on a perfect sunny Friday afternoon.



"I thought the Ice Cream Social was great! I really like seeing the seniors and the children from the Intergenerational Program; that made it extra special," said St. Paul's resident Betty Ann Coats. "And of course, I like the ice cream."

St. Paul's Celebrates Topping Off at St. Paul's Plaza



St. Paul's and W.E. O'Neil Construction Company celebrated the timely progress of [St. Paul's Plaza](#) in Chula Vista by hosting a Topping Off Party at the work site on Wednesday, October 15.

The program began with a warm welcome from John Finn, W.E O'Neil Regional President, and an invitation to enjoy a delicious barbecue lunch. Project Executive Mike Rable kicked off the celebration with raffle drawings for the 250+ crew members in attendance while guests of St. Paul's mingled and marveled at the Plaza progression.

Set amid the future courtyard of the Plaza, St. Paul's CEO Cheryl Wilson gave thanks for the crew's hard work and expressed appreciation for the generosity of the many donors to the Plaza project.

Give Now

Holiday Gift Bags Bring Cheer to St. Paul's Seniors

Every year, [Love Uniting Volunteers \(LUV\)](#) purchases holiday gift bags for all residents in St. Paul's communities. For many of our seniors, this is the only gift they will receive during the holiday season.

As a St. Paul's Manor resident commented, "So many of us don't have families here and it's so nice to receive something on Christmas morning. It's very comforting and makes one feel LUV'd and appreciated."

Over 350 gift bags will be distributed this season to seniors at our St. Paul's residential communities. Won't you please consider making a donation? Your gift will help bring joy to our seniors this season. [Donate online](#) and select "LUV Gift Bags" or contact the [St. Paul's Foundation staff](#) at 619-239-6900.



If you are interested in volunteering to help stuff gift bags, you may join us at the Stuffing Party on December 12th from 9:30am to 12 noon. RSVP to [Stewart Gaddy](#) at 619-239-6900.



Volunteer Trevor Gibson provided musical entertainment during the social, and handed out a few congratulatory hugs to the grandparents too.

If your organization would like to volunteer to host an Ice Cream Social for our residents, contact [Stewart Gaddy](#) at 619-239-6900.



BRIDGE Housing's Celadon to serve PACE Seniors

St. Paul's, under a partnership with [BRIDGE Housing](#), is pleased to announce that that construction of 63 new apartments for PACE participants are slated for February 2015 completion.

Celadon, currently under construction at 9th and Broadway in Downtown San Diego, will feature 250 affordable homes for individuals and small families. Of these studios and one-bedroom units, 88 are targeted to be supportive housing, including 25 units for young adults aging out of foster care and adults under the MESA program. St. Paul's 63 apartments will serve seniors under the [Program of All-Inclusive Care for the Elderly \(PACE\)](#).

"St. Paul's is pleased to be able to offer quality, affordable housing to our PACE seniors, some of whom might otherwise be homeless," said Mark Woodruff, director at PACE Reasner.



Chula Vista Mayor Cheryl Cox and **Congresswoman Susan Davis** spoke at the celebration, acknowledging the excitement they felt for such a large project in the community that will provide not only quality lifestyles for seniors, but also bring more than 60 jobs to the area. They were joined by **County Supervisor Greg Cox** in chatting with those in the crowd.



St. Paul's board member and community leader, Charles King said "to see the progression of the Plaza from an empty lot to this magnificent structure is exciting." He added that "the development of the Plaza illustrates the commitment of the Chula Vista community and St. Paul's to bring unique growth to the area."



Thank you to W.E. O'Neil for hosting a great party, and also to all the donors who have made this project come to fruition!

Visit our [Topping Off Party photo album](#) on Facebook, and "Like" our page to keep up with all the exciting things happening at St. Paul's!

Event photos: Paul Nestor

Naming Opportunities Available for St. Paul's Plaza

[St. Paul's Plaza](#) is an exciting new retirement community under construction in the heart of Chula Vista. When it is completed in the summer of 2015, it will be able to accommodate 156 seniors in need of assisted living and memory care services.

In order to provide such exceptional amenities as an indoor therapy pool, an inter-denominational chapel, family kitchens, and a restaurant pub, St. Paul's relies on the generosity from people in the community. With your support, we can make the Plaza a special place for residents and their loved ones to thrive for generations to come.



For information about St. Paul's Plaza and exciting [naming opportunities](#), please contact [Todd Kaprielian](#) at 619-239-6900.

St. Paul's Seniors Need Your Help

On behalf of the frail seniors enrolled in [St. Paul's PACE](#), we hope you will consider making a donation to our Basic Needs Campaign.

To be eligible for PACE, a senior must be at risk of needing nursing home care and they must be eligible for MediCal benefits. As a result, most of the seniors enrolled in our program are destitute. Such basic needs items as soap or a warm blanket are luxuries often beyond their means.

Here's how you can help. [Click here](#) for a list of items in desperate need by our participants. Your donation of any of these items will go a long way in making this holiday season a little more comfortable for them. Please share this information with your family, friends and colleagues.

If you have any questions, please contact [Todd Kaprielian](#) at 619-239-6900. Your support will make a difference in the lives of those we serve.

St. Paul's Team Raises Funds at Walk to End Alzheimer's



St. Paul's CEO, Cheryl Wilson, led the PACE social work team on a recent tour of the new PACE housing project at Celadon.

According to Curran Gaughan, supervisor of St. Paul's PACE social workers, "with our 2013 housing development project, we've seen firsthand how quality housing is changing the lives of our participants by offering them safe, stable and affordable homes. It contributes to good health and quality of life."

Available for households with incomes ranging from 30 to 60 percent of the area median income, shared amenities will include a great room, media room and outdoor space on the ground floor. The fifth floor will house a laundry room, a supportive services office, a seminar room with a kitchen, and outdoor space that will include barbecues and a resident garden.

[BRIDGE Housing](#) strengthens communities by developing, owning and managing high-quality, affordable homes for working families and seniors.



St. Paul's team of walkers was 75 members strong on Saturday, October 18 in Balboa Park for the Walk to End Alzheimer's.

Residents, staff, families and friends all came out and showed their support for people with memory loss in our community. Each team member received a tote bag, breakfast snacks and a picnic lunch hosted by St. Paul's.



"This was my first time being in a charity walk, and I was encouraged to see so many people who've been touched by Alzheimer's trying to make a difference," said St. Paul's resident Sheila Soules. When asked if she'll join the St. Paul's walk team next year, she said "Why not? We are so lucky to be living right next to Balboa Park, which makes it easy to participate in these events. And I love the pretty teal shirts!"



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