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ST. PAUL'S e-Community Connection

Serving San Diego Seniors Since 1960

Home	Independent Living	Assisted Living	Memory Care	Skilled Nursing	Day Care	PACE	Giving
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DECEMBER 2014

Dear Friend of St. Paul's,

LUV Hosts Cookie Decorating Receptions for the Holidays

St. Paul's kicked off the holiday season with three holiday receptions hosted by [Love Uniting Volunteers \(LUV\)](#) on December 3, 4 and 11 at each of our residential communities: The [Manor](#), [McColl Health Center](#), and the [Villa](#). Residents, families, [Senior Day](#) Participants, staff, and volunteers all had

St. Paul's Annual Legislative Breakfast Honors Supporters

St. Paul's held its 14th Annual Legislative Breakfast at our [PACE Center](#) in Chula Vista on December 5. The honorees this year were Assemblymember Shirley Weber, and Jason Weisz from Speaker of the Assembly Toni Atkins' office. Both were recognized for their support of senior

Give Now

Help Create Family Kitchens at St. Paul's Plaza

To meet the growing need in San Diego for assisted living and memory care services, St. Paul's is building a new residential community located in Chula Vista – [St. Paul's Plaza](#). When it is

a wonderful time decorating cookies (and eating them!) during the fun, music-filled events.

Each program included a warm welcome and a delightful telling of 'Twas The Night Before Christmas from LUV Treasurer Kathryn Bunch, as well as a recounting of the Christmas story from the Bible from St. Paul's Chaplain Leigh Jacobsen. Longtime volunteer Trevor Gibson provided festive holiday piano accompaniment to favorite sing-along Christmas carols as guests decorated cookies, enjoyed refreshments, and danced.



Kathryn Bunch and Trevor Gibson put on quite a show for Manor Residents.



Volunteers from Random Acts of Kindness and Vicki Kelley orchestrate a festive sing-along of popular holiday carols for McColl Residents.

St. Paul's thanks all the LUV members and also to [LUV](#) President Joyce Frye and Kathryn Bunch for their generosity and for hosting such lively events for the seniors. We appreciate the many special volunteers who have helped make St. Paul's communities so much fun this season. What a fabulous kick-off to the holidays!

issues in San Diego and statewide.



The breakfast was well attended by representatives from the City of San Diego Mayor's office and council members, County of San Diego Supervisors offices, County of San Diego Sheriff's Office, County of San Diego Aging and Independence Services, State Assembly offices, and Congressional offices. St. Paul's Board Chairs Bruce Leidenberger, Richard Thorn, and Randy Truax also attended.

The breakfast program included speakers on topics relevant to senior care. Peter Kellison of Clear Advocacy, LLC gave an update briefing on all the policy issues affecting Residential Care Facilities for the Elderly (RCFEs). As a current resident, with her husband, of [St. Paul's Villa](#), Betty Spafford and her daughter Suzy Spafford spoke about living in an RCFE.



Suzy Spafford, alongside her mother Betty Spafford, shows off a recent resolution honoring her parents.

Amber Cutler from National Senior Citizens Law Center presented on Cal MediConnect now that it has been in effect for a year. Tim Frazier, St. Paul's Chief Operating Officer, gave an overview on Assembly Bill 361 California Health Homes for Patients with Complex Needs, pointing out that the Program of All-Inclusive Care (PACE) already provides many of the services proposed in the bill.

St. Paul's CEO Cheryl Wilson wrapped up with the Legislative Priorities for 2015 listed below, and thanked everyone for their time and attendance.

Federal

- Older Americans Act – Increase in funding, and Reauthorize/revitalize
- Increase in HUD Housing
- Housing First model for homeless

completed in the summer of 2015, this innovative, four-story senior community will offer over 150 apartments to those seniors seeking an inspiring, secure community designed specifically to meet their needs.

Through financing, we are able to construct [St. Paul's Plaza](#). It will be through charitable giving that we can afford those items that will create memorable family experiences for residents and their families.

This is where you can help.

St. Paul's needs to raise \$20,000 to equip and furnish each family kitchen. [Please make your gift today.](#)



What makes [St. Paul's Plaza](#) distinctive? We designed it to support the tradition of families making memories together through the use of living spaces that encourage interactive and engaging family visits.

At St. Paul's, intergenerational values run deep. We understand the power of people coming together to break bread.

[St. Paul's Plaza](#) will take it a step further by featuring fully equipped kitchens for visiting families. All you need are the ingredients for those delicious oatmeal raisin cookies that taste better whenever grandma makes them, and you have a memory in the making.

But we didn't stop there. We designed each kitchen with an adjoining dining room. Now, visiting families can cook up their favorite dishes and enjoy a family style meal - together.

In order to provide additional exceptional amenities such as an indoor therapy pool, an inter-denominational chapel, and a restaurant pub, St. Paul's relies on the generosity from people in the community. With your support, we can make the Plaza a special place for residents and their loved ones to thrive for generations to come.

A tribute gift is a wonderful way to memorialize or honor a parent or someone close to you. For information about [St. Paul's Plaza](#) and exciting [naming](#)

senior Veterans with services

[opportunities](#), please contact [Todd Kaprielian](#) at 619-239-6900.



Volunteer Maria Ye and Manor Resident Kay Thompson take a break from the dance floor.

State of California

- Affordable housing/low income housing
- Future RCFE legislation
- Caregiver support via respite services to be paid for

For gifts over \$50, you will receive a complimentary St. Paul's 2015 Calendar. Thank you again for your support.

"Adopt An Apartment" at Celadon for PACE Seniors

St. Paul's, through a partnership with [BRIDGE Housing](#), is pleased to report that construction of 63 new apartments for [PACE](#) participants at the new Celadon development are on track for Spring 2015 completion.



Volunteer team (pictured l - r): Jennifer Lary, Shirley Knox, Mary Ann Barraza, Joni Walker, Liz Nemeth, Celia Lawrence and Gayle Stephenson.



Volunteers from Random Acts of Kindness led a rousing rendition of The Twelve Days of Christmas for Villa Residents and Senior Day Participants.

St. Paul's [Program of All-Inclusive Care for the Elderly \(PACE\)](#) provides all-inclusive healthcare services to frail, low-income seniors to help them live successfully at home, rather than a nursing home.

Volunteers Assemble Holiday Gift Bags for St. Paul's Seniors

Thank you to all the generous donors and volunteers who help bring holiday cheer to our residents with holiday gift bags! Volunteers gathered on December 12 for a morning of bag stuffing, fun and fellowship. This year, nearly 350 gift bags were distributed within our communities of St. Paul's [Manor](#), [Villa](#), [McCull Health Center](#) and [Senior Day Program](#)!



Thanks to longtime St. Paul's supporter Marie Tuthill for her generous donations of gift bags and other gift items for each resident. With these items, volunteers were able to create and assemble delightful holiday gifts! Our friends from Ohr Shalom Synagogue provided beautiful gift bags for Hannukah celebrants in residence, and on Christmas Eve, the remaining gift bags were delivered by Santa's elves.

Visit our [2014 LUV Holiday Receptions Photo Album](#) on Facebook for more fun photos and be sure to "Like" our page to keep up with more news and events at St. Paul's! (Facebook log-in not required to view photos.)

Volunteers Bring More Holiday Cheer to St. Paul's PACE

On December 11, volunteers from Morgan Stanley visited [St. Paul's PACE Reasner Center](#) to share some holiday music and merrymaking with participants!



Team Morgan Stanley: Bill McColl, Tim Mehrer, Merry Kingsley, Janifer Rizzuto and Robin Williams.

[Celadon](#), currently under construction at 9th and Broadway in Downtown San Diego, will feature 250 affordable homes for individuals and small families. Of these studios and one-bedroom units, 88 are targeted for supportive housing, including St. Paul's 63 apartments, which will have a priority on placement for veterans.

We need your help.

Each apartment will be a fresh start for our seniors. We need to furnish each of the 63 units from top to bottom. Won't you consider "adopting" an apartment? For just \$500, you can provide soft furnishings for an entire apartment! Purchasing is simple: Visit our [Target Wish List](#) of items needed for each apartment. (To find our Wish List at any Target store, look for **St. Paul's PACE Celadon** under Advanced Search and search by



Gayle Stephenson and Liz Nemeth and have a great time at the Stuffing Party!

Thank you to Team Morgan Stanley for

sharing your special talents and joy for the season with our seniors!

**SAVE THE DATE
for 2015 LUV Gala**

We will be celebrating the launch of the new [St. Paul's Plaza](#) as well as St. Paul's 55th Anniversary at the 2015 LUV Gala scheduled for **Saturday, July 11**. Save the date - more details coming soon!

St. Paul's is looking for volunteers to serve on a very active planning committee for the 2015 LUV Gala.

Do you like throwing a party? Possess an eye for detail? Have a knack for building relationships and having fun? Then this planning committee is for you! You will work alongside a dynamic team of event chairs and St. Paul's staff to create one of San Diego's most enjoyable charity galas!

Committee involvement entails attending regular planning meetings in the months leading up to the event, and joining a subcommittee, such as auction procurement, entertainment, decor, church liaison, and/or sponsorships. If you are looking to lend support to seniors in our community and are ready to have fun doing it, contact [Kathryn Courter](#) at St. Paul's Foundation at (619) 239-6900 for more information.

Organization.)

If you purchase items from the [Target Wish List](#), your items will be shipped to St. Paul's Downtown [PACE Reasner Center](#) at 111 Elm Street. Please notify PACE of your donation, and for all other drop-offs and deliveries, please make advance arrangements by contacting [Roberta Livengood](#) at 619-677-3800.

Consider organizing your own drive at your work or church for PACE seniors; we can help you by providing flyers and suggestions on how to organize and promote your own donation drive for PACE participants. Please also share this information with your family, friends and colleagues.

For more information, please contact [Todd Kaprielian](#) or [Kathryn Courter](#) at 619-239-6900. Your support will make a difference in the lives of those we serve.



For many of St. Paul's seniors, this is the only gift they will receive during the holiday season. The gift bags are made possible every year through the dedication and support of [Love Uniting Volunteers \(LUV\)](#) and gifts from generous people like you.

Special thanks to all the LUV volunteers, Ohr Shalom Synagogue, and to Marie Tuthill, Shirley Knox and Roz Mack for contributing large quantities of items for the gift bags.

Visit our [2014 Holiday Gift Bag Stuffing Party Photo Album](#) on Facebook and "Like" our page to keep up with all the exciting things happening at St. Paul's!

Support St. Paul's Seniors

Stocks, bonds, funds, and other assets make excellent donations. Giving appreciated stock directly to St. Paul's gives you a dual tax benefit: You will avoid paying taxes on the capital gains, and you can write off the full value as a donation when you itemize your taxes if you have owned the asset for more than one year.

Contact [Liam Dunfey](#) at 619-239-6900 if you have any questions or would like to make a gift.

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Volunteering for St. Paul's

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If you or your organization would like to volunteer with St. Paul's, we have many opportunities available throughout the year to help brighten the lives of seniors in our communities, with everything from Ice Cream Socials to holiday events. Please contact [Stewart Gaddy](#) for more information at (619) 239-6900.

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[Read the VerticalResponse marketing policy.](#)

